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APRIL 2020

Rise heart; thy Lord is risen. Sing his praise
Without delays,
Who takes thee by the hand, that thou likewise
With him mayest rise

My Dear Friends,

In his poem 'Easter' the priest-poet *George Herbert (1593-1633)* seems to capture the leap of joy which should be felt within the heart of any Christian when they contemplate the Paschal mystery. The events of the first Easter Day shake the complacency of humanity as powerfully today as it did to that frightened group who had faithfully followed Jesus.

The disciples' lives were turned upside-down by one who led them on a journey which challenged their every step; a new way of understanding God, of living, of looking at the world and interacting with all they met. Imagine the emotions they experienced from the moment of his arrest in the Garden of Gethsemane to his death on the cross. The laying of his body in the tomb must have seemed final beyond measure.

Yet Easter Day dawned, and as it progressed, the followers of Jesus were drawn to an even more powerful experience. The Risen Christ appeared amongst them – and Easter became the dawning of new life for them as it was for him. Through his resurrection, *they* were risen.

So too for us. Ours is a Resurrection Faith - where every step of our journey is accompanied by a God who loves each one of us so deeply that he sent his Son to lead us by the hand. No matter what we experience in life - from highs to lows - we are accompanied in great love.

Easter Day represents the crown of knowledge of this wonderful treasure, together with the call to share our own Resurrection Lives with all we meet.

A very happy and blessed Easter,

With love,

Michael



FROM THE VICAR'S DESK

Please note that the service pattern is slightly different this month. There is no 11.00 Communion on Palm Sunday, and on Easter Day the evening service is Evensong rather than Communion.

HOLY WEEK gives all Christians the opportunity to deepen their understanding of God revealed through the self-offering love of Jesus Christ. *The Three Great Days - The Triduum* — cover the period between Maundy Thursday and the Blessing at the end of the Easter Vigil on Holy Saturday, which may be regarded as one continuous act of worship and reflection. Do try to make the most of it.

PALM SUNDAY (5th April)

8.00 as normal. The **9.45 a.m.** will feature a procession with our palm crosses, for which the children will join us. We will start from the Old School courtyard in Church Street, weather (and Dorcas the donkey) permitting! This procession gives us an insight into the excitement of the crowd who accompanied Jesus into Jerusalem, crying 'Hosanna to the Son of David.' If processing is difficult for you, please do sit in the church, and you will hear us coming and so still feel part of it until we reach the church for the rest of the service. We also hear the Passion read in its entirety, this year from Matthew's Gospel.

6.00 p.m. - The Cross of Christ - a devotion for congregation and choir

We are led through word and music to journey with the Lord. Please do support this act of worship enriched by our choir.

Monday, Tuesday and Wednesday in Holy Week

There will **Holy Communion each day @ 6.00 p.m.** with a short address at each. Also, on Tuesday - **The Chrism Eucharist at Chichester Cathedral** at 12 noon. All are welcome to this service at which the clergy renew their vows.

MAUNDY THURSDAY (9th April)

8.00 p.m. Sung Eucharist of the Lord's Supper with stripping of the altars and silent watch until 10.00 p.m. This service starts with a sense of joy as the *Gloria* is sung for the only time during Lent as we give thanks for the gift of Holy Communion. The tone of the service then changes as we contemplate Christ's journey to Gethsemane and the cross. At the end of the service the Sacrament (consecrated bread and wine) is taken to the Lady Chapel which becomes the Garden of Gethsemane for us. Please do try stay for a while in the quiet of the church – it can be a profoundly moving time of contemplation.

GOOD FRIDAY (10th April)

10.00 a.m. - Family Service (followed by hot cross buns!)

12 noon The Devotion – led by the Vicar.

2.00 p.m. The Liturgy of Good Friday - using *Common Worship's* rediscovery of ancient liturgical practice. The service consists of a Service of the Word, Proclamation of the Cross, The Solemn Prayers and Holy Communion (using the sacrament reserved on Maundy Thursday).

HOLY SATURDAY (11th April) (Easter Eve)

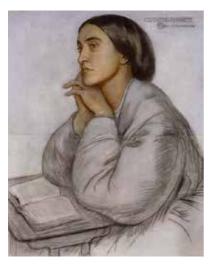
8.00 p.m. - The Easter Vigil, First Eucharist of Easter and Resurrection Party Last year we had a super number of people for this great Service of Light. Our candles are lit from the Paschal Candle – itself lit from a fire. The journey of our salvation is heard in the proclamation of the *Exsultet* and Bible readings. We have the opportunity to renew our baptismal vows before Communion is celebrated with joy. The service will be followed by our RESURRECTION PARTY.

EASTER DAY (April 12st) The Day of Resurrection!

Services at the normal times: 8.00 a.m. - Holy Communion,

9.45 a.m. - Sung Family Eucharist and Mega Messy Church (from 9.30 a.m. in The Old School) and **6.00 p.m. Easter Evensong.**

GOOD FRIDAY – A POEM BY CHRISTINA ROSSETTI



Am I a stone, and not a sheep, That I can stand, O Christ, beneath Thy cross, To number drop by drop Thy blood's slow loss, And yet not weep?

Not so those women loved Who with exceeding grief lamented Thee; Not so fallen Peter, weeping bitterly; Not so the thief was moved;

Not so the Sun and Moon Which hid their faces in a starless sky, A horror of great darkness at broad noon – I, only I.

Yet give not o'er, But seek Thy sheep, true Shepherd of the flock; Greater than Moses, turn and look once more And smite a rock.

Christina Rossetti was a deeply committed Christian, and in this poem asks Christ to move her at the reality of the Crucifixion. She compares her heart to the rock which Moses struck in the desert from which life-giving water flowed for the Children of Israel. In doing so, she alludes to the wonderful imagery of John 7: ³⁷ On the last day of the festival, the great day, while Jesus was standing there, he cried out, 'Let anyone who is thirsty come to me, ³⁸ and let the one who believes in me drink. As the scripture has said, "Out of the believer's heart shall flow rivers of living water.""

AN EASTER REFLECTION BY RICHARD ROHR

Several parishioners gain new insights into faith through following the daily blog, writings and thoughts of Father Richard Rohr, an American Franciscan priest, instrumental in founding and running the Centre for Action and Contemplation. The strapline for the Centre poses the question: How can we use the sacred texts, tradition, and experience to lead people into new places with God, with life, with themselves? In his reflection for Easter, Richard gives us a great deal

to ponder and much to rejoice in, knowing our participation and brothers and sisters in Christ in proclaiming the wonder of the Resurrection Life opened to us and all people through the Lord's self-giving love.

Most of us probably grew up thinking that the Resurrection was a one-time miracle about Jesus, an anomaly that proved he was God. I believe that Jesus is actually naming and revealing what is happening everywhere and all the time in God. Jesus' resurrection is a one-time God statement about how reality works: always moving toward resurrection. This is the divine mystery of transformation, which is entirely evident in the physical universe. This is why I believe in the physical resurrection of Jesus, even if it is a new kind of physicality, which Paul struggles to describe (1 Corinthians 15:35ff).

Resurrection is not a miracle as much as an enduring relationship. The best way to speak about the Resurrection is not to say, "Jesus rose from the dead"—as if it was a self-generated miracle—but to say, "Jesus was raised from the dead" (as many early texts state). The Eternal Christ is thus revealed as the map, the blueprint, the promise, the pledge, the guarantee of what is happening everywhere, all summed up in one person so we can see it in personified form.

If you can understand Jesus as the human archetype, a stand-in for everybody and everything, you will get much closer to the Gospel message. I think this is exactly why Jesus usually called himself "The Son of Man." His resurrection is not so much a miracle that we can argue about, believe, or disbelieve, but an invitation to look deeper at what is always happening in the life process itself. Jesus, or any member of "the Body of Christ," cannot really die because we are participating in something eternal—the Eternal Christ that came forth from God.

Death is not just physical dying, but going to the full depth of things, hitting the bottom, beyond where you are in control. And in that sense, we all probably go through many deaths in our lifetime. These deaths to the small self are tipping points, opportunities to choose transformation. Unfortunately, the vast majority of people turn bitter and look for someone to blame. So their death is indeed death for them, because they close down to growth and new life.

But if you do choose to walk through the depths—even the depths of your own sin and mistakes—you will come out the other side, knowing you've been taken there by a Source larger than yourself. Surely this is what it means to be saved. Being saved doesn't mean that you are any better than anyone else. It means you've allowed and accepted the mystery of transformation, which is always pure gift.

If we are to speak of miracles, the most miraculous thing of all is that God uses the very thing that would normally destroy you—the tragic, the sorrowful, the painful, the unjust—to transform and enlighten you. Now you are indestructible and there are no absolute dead ends. This is what we mean when we say we are "saved by the death and resurrection of Jesus." This is not a cosmic transaction, but a human transformation to a much higher level of love and consciousness. You have been plucked from the flames of any would-be death to the soul, and you have become a very different kind of human being in this world. Jesus is indeed saving the world through his Resurrection.



THE PARISH MAGAZINE Copy Date

The copy date for the MAY 2020 Magazine is no later than MONDAY 6th APRIL Please email contributions in WORD format (no PDFs, please) to:

duty-editor@holytrinitycuckfield.org

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HOLY WEEK AND EASTER AT HOLY TRINITY CUCKFIELD 2020

We would love to see you at any of the following:

PALM SUNDAY (5th April)

8.00 Holy Communion

9.45 Parish Eucharist of the Palms. We journey from the Old School courtyard in Church Street to church

6.00pm - The Cross of Christ - a devotion of music and readings

Monday, Tuesday and Wednesday in Holy Week (6th, 7th & 8th)
There will Holy Communion each day @ 6.00pm with a short address at each.

MAUNDY THURSDAY (9th April)

8.00pm Sung Eucharist of the Lord's Supper

with stripping of the altars and silent watch until 10.00pm.

GOOD FRIDAY (10th April)

10.00 - Family Service (followed by hot cross buns!)

12 noon The Devotion - led by the Vicar

2.00pm The Liturgy of Good Friday

HOLY SATURDAY (11th April) (Easter Eve)

8.00pm - The Easter Vigil, First Eucharist of Easter and Resurrection Party

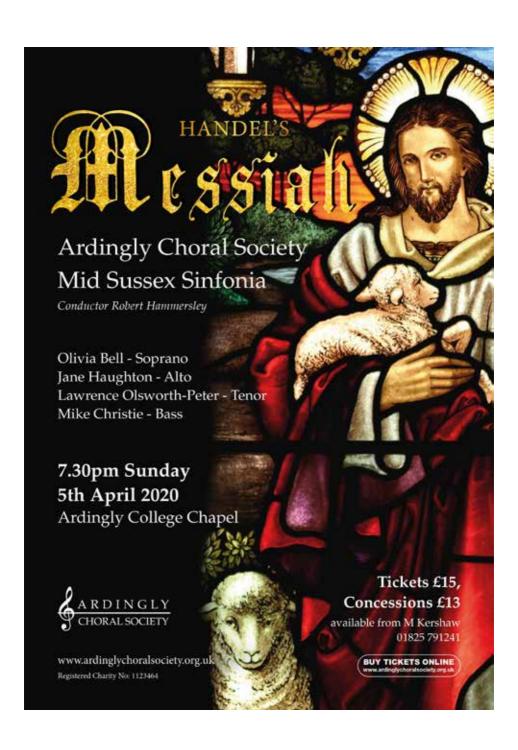
EASTER DAY (April 12th)

8.00- Holy Communion

9.45 FAMILY EASTER COMMUNION, MEGA MESSY CHURCH AND EGG HUNT

(Messy Church in the Old School from 9.30am)

6.00pm Easter Evensong.



EASTER DAY

for young people

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12th April 2020

CHILDREN'S MEGA MESSY CHURCH AND EASTER EGG HUNT

From 9.30am

in The Old School

All welcome!

GOD IN THE ARTS



He gave us eyes to see them: Murillo's St John the Baptist with the Lamb

The nursery rhymes we learnt as children often focused on lambs: *Mary had a little lamb, Baa baa black sheep, Little Bo-Peep* and *Little Boy Blue*. They come to mind in springtime when we see lambs in the field jumping for joy or bleating as they run to the ewes for warmth and safety.

Murillo, a 17th Century artist from Seville, had that world of childhood in mind when he painted *St John the Baptist with the Lamb*. He looks back to the little child leading the animals in *Isaiah 11*, but we are also called to think of the adult John the Baptist, who sees Jesus walking by and exclaims, *Look, here is the Lamb of God*. In the painting, St John is a child with his arms around the lamb. He stands on rocky ground with a reed cross at his feet that has the words *Behold the Lamb of God* on the ribbon.

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The painting hangs in the National Gallery, and while it lacks the strength and brilliance of other Spanish artists, Murillo is telling us how the drama of salvation is played out by children and lambs. We are invited to look from that world of childhood to another part of Isaiah's prophecy, where he talks of the Messiah led like a lamb to the slaughter. We enter that drama of salvation in Holy Week this month and every year as Jesus is led to His crucifixion just as the lambs were killed for the Passover.

The writer of Hebrews meditates on this theme and proclaims that in Jesus we have a high priest of the good things that have come, as we journey from the childhood days of Murillo's painting to Calvary and to the Easter garden. And we can also journey beyond to the heavenly city, where *Revelation* tells us that all the nations walk by the light of that Lamb, the Lamb of God.

LENT APPEAL 2020



This year's Lent Appeal is in aid of **SAMARA'S AID**. We are no longer able to send clothes and care packs to Syria, but the exciting news is that the Grace Hospital is about to be built to serve the enormous need of the thousands of injured and sick people of Syria for whom there is little medical facility. 60% of hospitals have been destroyed. Brave Syrian doctors have stayed on in the country to treat their people.

All donations are welcome and there will be a box in church on Sundays. Thank you!

The Outreach Committee



A History of Cuckfield in 20 Objects continues. Come and see the 20 intriguing objects, some from our reserve collection and so rarely on view, that capture the history of our village from prehistory to the Independent State!

Pay an Easter visit to our new *Dinosaur Diorama* from the Cretaceous era of over 66 million years ago when our famous iguanodon roamed the landscape. Children can immerse themselves in this miniature landscape created by local prop maker, Christopher Sutton, where a family of herbivores wade peacefully along the river while there is some rather realistic carnage going on down in the swamp. Children will also enjoy the new quiz based on the display and a new activity table with fossil handling and dinosaur rubbings.

Next Museum talk: Thursday 30th April, 2.30 p.m., The Queen's Hall

Reflections on the early postal service in Mid Sussex, a talk by Peter Cockburn. Peter gives a fascinating collector's view of the early postal services of Cuckfield and district with references to a personal collection of early local memorabilia, postcards, anecdotes and some unusual facts.

To book a place, please phone Mike Nicholson on 01444-457448 or email events@cuckfieldmuseum.org

Museum opening hours: Wednesdays, Thursdays & Fridays 10.00-12.30 p.m. Saturdays 10.00-3.00 p.m.

More information from www.cuckfieldmuseum.org

CHARITY BEGINS AT HOME

"Charity begins at home" is a saying that I absolutely despise. I think it is because it has been hijacked and used as a negative, even racist, expression to encourage us to believe that sending aid abroad makes people at home suffer. That is not correct: we have an obligation to help those less fortunate than ourselves wherever they live.

So, while I do not agree with the expression, I think it is only right that we should look at the state of things on our doorstep and consider if we as a church are putting our resources in the right place.

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(continued from page 18)

So, let us start with some facts:

- 1 Haywards Heath **food bank fed 2,122** in 2019 that is an increase of 28% on 2018!!
- 2 **94% of people** at food banks are in destitution.
- 3 **1** in **5** of the UK population lives below the poverty line.
- 4 Over **four million children in the UK** are living in poverty.
- This month, the *Joseph Rowntree Foundation* released its annual report, revealing that the **child poverty rate** is **higher than it has been for 20 years**, with poverty among pensioners and those in work also rising.

A quote found on the web site of the Trussell Trust who run the majority of the food banks in the UK:

Putting Food on the table, The Human Right to eat in the fifth richest country in the world ...

This is also the title of a very eloquent article written by *Elliot Marcus* which explores the legal aspect of no food on the table and the government's obligations. It is well worth a read and can be found on the Haywards Heath food bank web site.

So, is it not time for us to look more closely at our local community and seek to continue our mission with support for those in desperate need? Should we now be challenging ourselves and asking how we can help!

Mark Parker

HIGH DAYS AND HOLY DAYS FOR APRIL

- 2 Hugh of Grenoble the saint who fought corruption
- 3 Richard of Chichester wanting God more clearly, dearly and nearly
- 5 Palm Sunday
- 9 Maundy Thursday
- 12 EASTER
- 12 The 'Other Mary'

- 21 Anselm the man who proved there is a God
- 23 St George our patron saint who isn't English
- 25 Mark disciple, apostle, writer of the second gospel
- 29 Catherine of Siena how to survive in a large family

3 April - Richard of Chichester - more clearly, dearly and nearly

Our Diocesan Saint, Richard of Chichester, bishop in the 13th century, began life as Richard de Wych of Droitwich, the son of a yeoman farmer. But Richard was a studious boy, and after helping his father on the farm for several years, refused an advantageous offer of marriage, and instead made his way to Oxford, and later to Paris and Bologna to study canon law.



In 1235, he returned to Oxford, and was soon appointed Chancellor, where he supported Edmund, Archbishop of Canterbury, in his struggles against King Henry III's misuse of Church funds. After further study to become a priest, Richard was in due course made a bishop himself. He was greatly loved. He was charitable and accessible, stern and merciful, extraordinarily generous to those stricken by famine, and a brilliant legislator of his diocese. He decreed that the sacraments were to be administered without payment, Mass celebrated in dignified conditions, the clergy to be chaste, to practise residence, and to wear clerical dress. The laity was obliged to attend Mass on Sundays and holy days, to know by heart the Hail Mary, the Lord's Prayer and the Creed.

Richard was also prominent in preaching the Crusade, which he saw as a call to reopen the Holy Land to pilgrims, not as a political expedition. He died at Dover on 3 April 1253. In art, Richard of Chichester is represented with a chalice at his feet, in memory of his having once dropped the chalice at Mass.

And, of course, he is author of our famous prayer, now set to popular music, which runs:

Thanks be to thee, my Lord Jesus Christ for all the benefits thou hast given me, for all the pains and insults which thou hast borne for me. O most merciful redeemer, friend and brother, may I know thee more clearly, love thee more dearly and follow thee more nearly, day by day.

12 April - Easter morning: the 'Other' Mary ...

As the traditional Easter story is rehearsed again this month, you may notice that there is one name that frequently occurs. It is that of the 'other' Mary – not the mother of Jesus, but Mary of Magdalene, who stood by her at the cross and became the first human being actually to meet the risen Christ. She had gone with other women to the tomb of Jesus and found it empty. An angelic figure told them that Jesus was not there, He had risen – and the others drifted off. But Mary stayed, reluctant to leave it like that. She became aware of a man nearby, whom she took to be the gardener. She explained to Him that the body of 'her Lord' had been taken away and she didn't know where to find Him. The man simply said her name 'Mary' and she instantly realised it was Jesus. She made to hug Him, but He told her not to touch Him because his resurrection was not yet complete. She was, however, to go to the male disciples and tell them she had met Him. She did – but they couldn't believe her. Her words – 'I have seen the Lord' – echo down the centuries, the very beating heart of the Christian gospel.

25 April – Mark: disciple, apostle, writer of the second gospel

Mark, whose home in Jerusalem became a place of rest for Jesus and His 12 apostles, is considered the traditional author of the second gospel. He is also usually identified as the young man, described in Mark 14:51, who followed Christ after his arrest and then escaped capture by leaving his clothes behind.

Papias, in 130, said that in later years Mark became Peter's interpreter. If so, then this close friendship would have been how Mark gathered so much information about Jesus' life. Peter referred to him affectionately as his 'son'.

Mark was also a companion to Paul on his journeys. When Paul was held captive at Rome, Mark was with him, helping him. Mark's Gospel, most likely written in

Italy, perhaps in Rome, is the earliest account we have of the life of Jesus. Mark died about 74 AD.

Early in the 9th century Mark's body was brought to Venice, whose patron he became, and there it has remained to this day. The symbol of Mark as an evangelist, the lion, is much in evidence at Venice.

29 April - Catherine of Siena: or, how to survive in a large family

Catherine of Siena, who was born 1347, should be the patron saint of anyone who has grown up in a large family, and mastered the two vital skills for survival: how to stand up for yourself, and how to make peace with others.

Catherine had siblings! At least 19 of them. Her father was a Sienese dyer, and Catherine was the youngest. Her parents wanted her to marry, but Catherine did not. She became a nun instead, a member of the Dominican Third Order.

Perhaps after sharing a house with at least 22 people, Catherine wanted some peace and quiet: in any case she spent six years in solitude, giving herself to prayer and penance. Then she moved back into the world, through nursing the local sick people, and then beginning to travel. Catherine travelled frequently, with a number of her 'disciples' – a mix of Dominicans and Augustinians, and even an English Friar. Wherever they went, people listened to their proclamation of the total love of God through Jesus Christ, and their calls to reform and repent. There were some spectacular conversions.

Catherine could not write, but soon someone else was taking down her 'Dialogue' by dictation – it ran to 383 letters. Catherine's thoughts centred on Christ crucified, the supreme sign of God's love for man. The quality of these letters made them widely read for years to come.

A godly woman who could lead and teach.... soon new opportunities presented themselves: in the last five years of her life, Catherine found herself involved in the politics of both State and Church. This included trying to make peace during the Great Schism in the Church after 1378, when Pope Gregory XI died, and two new popes – bitter rivals – claimed the papacy. Catherine wore herself out in trying to promote peace, had a stroke on 21 April 1380, and died eight days later. (A warning to ecumenists everywhere?!)

Catherine soon became Siena's principal saint, loved for her writings and her example of godliness and self-sacrificing love. Her house and an early portrait survive at Siena, and her memory lives on today: she was declared a Doctor of the Church in 1970, nearly 600 years after her death.

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EVERYDAY DISCIPLESHIP – SUNDAY TO SATURDAY

Well, where to start: 2019 was a very challenging year for myself and my family. It was also a very a huge challenge for my faith. So, if you will forgive me, I may need to split this up into a couple of episodes.

January started with my enrolment on the church's *Living Faith* course. I went into this fairly naively, if I am honest. I expected it to be like a Bible study course. Oh, I could not have been more wrong. I have learnt so much about my faith through this course, as well as a lot about the Church itself. The course is actually about the people. I was put in a lovely group from all sorts of walks of life. There were three people that work in different parts of the NHS, someone that worked for a multinational, another that worked at a vet's, a Vicar's wife, etc., etc. This gave us a varied skill and experience base for all of the in-depth discussions we had on many topics.

So, what did I learn? Listen longer, talk less. Be patient and never ever judge.

This course runs every January, and, wherever you are in your journey in faith, I would highly recommend it. Go on exercise and challenge your faith.

Mark

CUCKFIELD COTTAGE HOMES VACANCY

Cuckfield Cottage Homes Trust announces the availability of one of the flats in the attractive Alms Houses next to Holy Trinity Church. Expressions of interest are welcome for this warm and comfortable one-bedroom, ground-floor flat.

If you would like to apply (or know of someone who might be interested) please contact:

Stephen Gaimster (Clerk to the Trustees)

via e-mail stephengaimster@sky.com or telephone 01444-210461
An idea of how Almshouses operate may be obtained on www.almhouses.org



HAYWARDS HEATH MUSIC SOCIETY 78th International Concert Season

Saturday 25th April, 7.30 p.m., St Wilfrid's Church, Haywards Heath



Blowing Up A Storm ... THE NATIONAL YOUTH JAZZ ORCHESTRA AMBASSADORS

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Tickets: £12 members, £15 non-members, with reductions for students and families Under 18/Student £3.00/5.00

Further information from Christine Colbourne: 01444-456227, or www. haywardsheathmusicsociety.org.uk

BRIGHTEN UP YOUR TUESDAY EVENING

Come to a Curry Night at the popular

Tamasha Restaurant, Lindfield

Tuesday, 28th April 7.00pm

pappodoms, mixed starter, four main dishes, side dishes, pilau rice and naan, all for £15!



All proceeds to, "Vision Rescue"

Enjoy a great night out whilst at the same time helping to provide mobile classrooms for street children in Mumbai

Tickets from Holy Trinity Church Office, Hilary 400087, Ros L 457585, Sue B 452321

(Many thanks to Tamasha for supporting us with this evening)



FSW UPDATE

Dear Friends,

During Lent we have encouraged individuals and parishes to think about how they could take up FSW, rather than give something up. Many churches have engaged by holding Lent lunches or asking their congregations to collect the money they would have otherwise spent on treats during Lent and donate it to us. All support in this way is hugely welcome, and we thank everybody who is participating.

During half term we ran a number of extra activities to keep our families active. Despite the terrible weather we ran additional sessions in Bognor, Haywards Heath, Coldean, Rustington and Pulborough, which were greatly enjoyed by participants. Our practitioners have been involved with a lot of important school meetings in the last month, as the lack of support for children with Special Educational Needs (SEN) is vast and our families benefit greatly from having us to advocate for them when trying to secure appropriate assistance for their children.

We have a very busy events season starting next month with our *Easter Walk* – registration is open now. We are also in need of volunteers to help at *Open Garden* events throughout the summer, particularly in East Sussex. If you think you might be able to help (no specific skills are required) for an afternoon then please get in touch with Melissa on 01273 832963

February's work in numbers

- 184 individual meetings with families supporting 171 parents, 11 grandparents, and 204 children
- 46 supported meetings with other agencies
- 29 group sessions supporting 301 parents, 21 grandparents, and 319 children
- 134 food deliveries made

Nikki Kerr - FSW Director of Fundraising and Marketing



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ORANGE-TIP BUTTERFLY: THE FUTURE'S BRIGHT

At this time of year, I'm often asked 'What's that butterfly with the orange tips on the end of its wings called?' I reply that its scientific name is *Anthocharis*, meaning *flower grace*, probably because this beautiful butterfly lends a certain grace to the flowers it frequents. In the 18th Century it was *The Lady of the Woods* - a seductive title well-deserved by the best-looking butterfly of the spring. The Germans celebrate its beauty in the name *Aurotafalter*, the sunrise butterfly. The French honour it with the poetic title *L'Auroré* - the rising sun. So, what do the British call it? Well, we call it the *Orange-tip* - because it has orange tips on the end of its wings.

Whoever gave this exquisite insect such an unimaginative name should be ashamed. It's more than just a pair of orange tips. Forget your Bluebells and Skylarks, the emergence of the Orangetip is nature's confirmation that spring has officially sprung.

Only the male Orange-tip has those road cone orange wing-tips that visually scream 'Look at me! Look at me!' as he cruises the countryside's hedges and edges. You'd think this flamboyant display would land him on the menu for any passing bird - but he has an unsavoury secret. He tastes absolutely disgusting. His orange tips make birds recoil when they recall last eating something that colour. To predators, he is a flying pot of lime pickle; if you've eaten it once, you'll never eat it again.

The grey-tipped females are more secretive. Once mated they search the hedgerows for their food plants: Cuckooflower and Garlic Mustard. They tap-dance on the plants and identify them with taste buds in their feet. Once their six soles are satisfied they lay a single, tiny, orange, rugby ball shaped egg. The egg's shell emits a pheromone which deters other females from laying there, because the cute little caterpillar, which hatches out a week or so later, is a cannibal.

This caterpillar gets to work eating the flower's seed pods, and it eats so many that it starts to look like one (my Mum once warned me a similar phenomenon would happen with me and Monster Munch crisps). Disguised as its diet, it merrily munches throughout May, and the plant toxins it ingests will help to flavour the bitter butterfly it will become. In July, the caterpillar constructs a curious chrysalis, a bizarre bit of angular architecture attached to a stem by a single string. Inside this post-modern *pupa* the caterpillar melts into a cellular soup. And then the natural world's greatest regeneration takes place. This biological broth builds a butterfly, and the April sunshine encourages the Orange-tip to emerge, that simple flash of orange signalling that an even greater regeneration has finally taken place. Winter has turned to spring.

Michael Blencowe of The Sussex Wildlife Trust

APRIL GARDEN NOTES

February has been officially declared the wettest one on record. Our rain gauge measurements here at Courtland's Nurseries show we have had 34" rain between mid-September and the end of February, which is the same as our annual total in just 5½ months. When your ground starts to dry out it'll be all go with pruning, preparing the ground for vegetables, mulching bare earth and mowing the grass. Let's pray the Easter weekend (10th-13th) is a dry warm one.

Hydrangeas, Buddleias, Osmanthus, Viburnum bodnantense, Erica carnea and semi-woody perennials like Penstemons, Salvias, Fuchsias, Santolinas and lavender can be pruned in April as well as early flowering Camellias where they need shaping. Lawns can be repaired, new areas sown or turfed, moss and weeds treated. Hardy annual flowers (sweet peas, larkspur, stocks) and vegetables like leeks, peas, broad beans, brassicas, lettuce planted out and hanging baskets made up to be kept protected from frost until the beginning of May. Resist the temptation to plant out any of the tender bedding plants and frost-sensitive vegetables (e.g., courgettes, sweetcorn, French and runner beans) however mild the weather may be. Emerging shoots of potatoes are best protected by earthing up or covering with fleece until early to mid-May, depending upon how exposed your garden or allotment is. Keep up with the weeding, especially amongst onions, leeks, rocket and carrots that are easily choked and whose growth is impeded by weeds more than other crops.

A hint about sowing seeds in trays - sow thinly and only the amount you realistically will need (unless you enjoy supplying the neighbourhood with, e.g., lettuce and tomato seedlings!). Keep on the dry side as over-watering kills young seedlings faster from 'damping off' than allowing them to get a little dry. Keeping them on the dry side also encourages stronger, sturdy growth. When pricking out most seedlings, especially tomatoes, brassicas and squashes, bury all of the stem below the first (cotyledon) leaves to avoid leg-iness. Direct sow successive plantings of carrots, beetroot, radish, broad beans, spinach, also red onions, salads and plant second early and main crop potatoes. Remember to ventilate greenhouses well on sunny days and use fleece on early vegetables to speed up growth, e.g., lettuce, radish, carrots, rocket and mixed leaves. Buy heavier duty fleece that can be re-used rather than the thin stuff (which tends to rip when strong winds blow and ends up in landfill).

Plums, gages and cherry trees should be pruned mid-April to mid-May as the sap is rising rapidly causing the wounds to heal

readily. If you are the fortunate owner of a Victoria plum tree that crops heavily year after year, you may have found branches snapping under the weight of fruit and needed to prune in September. This is fine but you might wish to thin branches out further in Spring once you've seen the volume of blossom.

House plants that are bursting through the bottom of their pots will appreciate being re-potted, preferably into terracotta pots that provide a better buffer against variable watering and temperature as well as giving a more secure base for top heavy plants.

Feed daffodils in grass as soon as the flowers fade and before the leaves go over by scattering Growmore or fish, blood and bone meal over the clumps - and normally I'd say pray for rain to water it in, but maybe not this year! Heavy rain will have flushed more nutrients out of the soil than in an average rainfall winter so many plants will benefit from a top dressing of fish, blood and bone or specialist feeds like 'Top rose' and 'Miracid' (for camellias, Azalea and Rhododendrons).

Happy Easter!

Lindsay Shurvell

PASTORAL HELP LINES

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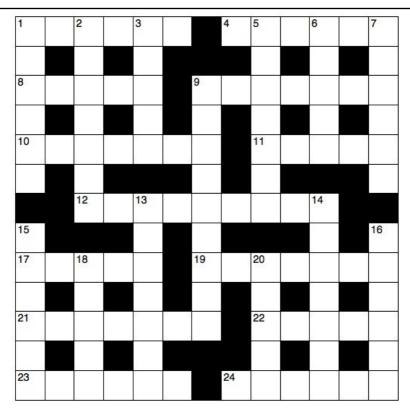
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April Crossword



ACROSS

- 1 Relating to the whole universe (6)
- 4 The disciple who made the remark in 8 Across (John 20:24) (6)
- 8 'Unless I see the nail marks — hands, I will not believe it' (John 20:25) (2,3)
- 9 He urged King Jehoiakim not to burn the scroll containing Jeremiah's message Jeremiah 36:25) (7)
- 10 Baptist minister and controversial founder of America's Moral Majority, Jerry (7)
- 11 'Look, here is . Why shouldn't I be baptized?' (Acts 8:36) (5)

- 12 Repossessed (Genesis 14:16) (9)
- 17 Port from which Paul sailed on his last journey to Rome (Acts 27:3–4) (5)
- 19 'Moses was not aware that his face was because he had spoken with the Lord' (Exodus 34:29) (7)
- 21 Roonwit, C.S. Lewis's half-man, half-horse (7)
- 22 Grill (Luke 24:42) (5)
- 23 'The lot fell to Matthias; so he was added to the apostles' (Acts 1:26) (6)
- 24 'I was sick and you looked after me, I was in and you came to visit me' (Matthew 25:36) (6)

DOWN

- 1 Coastal rockfaces (Psalm 141:6) (6)
- 2 Academic (1 Corinthians 1:20) (7)
- 3 Publish (Daniel 6:26) (5)
- 5 For example, the Crusades (4,3)
- 6 11 Across is certainly this (5)
- 7 He reps (anag.) (6)
- 9 Liberator (Psalm 18:2) (9)
- 13 Man who asked the question in 11 Across was in charge of all her treasury (Acts 8:27) (7)
- 14 They must be 'worthy of respect, sincere, not indulging in much wine' (1 Timothy 3:8) (7)
- 15 The human mind or soul (6)
- 16 'O Lord, while precious children starve, the tools of war increase; their bread is ' (Graham Kendrick) (6)
- 'We played the flute for you, and you did not ' (Matthew 11:17) (5)
- 20 Bared (anag.) (5)

(Answers on page 41)

What's on Around Cuckfield...

Village Hall

Friendship Club Ansty 2.30 to 4pm on 1st Tuesday in month. Please come, have a cuppa and cake and a natter. Enquiries 413061.

Ansty Village Hall

CARD & TABLE GAMES. The third Thursday of the month at Ansty Village Hall, from 2 – 4 including tea and cake £2. Not a serious card school - much laughter. Tel 413061

New England Wood Trust (NEWT) Tuesday 21 April

Annual Public Meeting Tuesday 21st April 8pm, Council Chamber, Queens Hall. All welcome to hear what's happening re New England Wood and contribute.

Ansty Garden Club Wednesday 29th April

The Secret Life of the Hedgehog - Graham Bowring, Saint Friancis Animal Care, Hedgehog Rescue Centre

Ansty Garden Club meets in the Village Hall at 7:45pm on the last Wednesday of the month – with the exception of June when we have an outing and July when we hold an outdoor summer supper at another venue. A coffee morning and plant sale is held in June at the village hall and we have a varied programme of events including speakers on garden related topics throughout the rest of the year. Membership is £10 per year. Visitors are charged £2 per evening visit. Refreshments and raffle are available at each meeting. New members always welcome. For further information please contact Chairperson Derry Baillieux 01444 474660.



HOLY MATRIMONY

Ross Stephen Martin & Kerrie Frances Turner

Regular Events

Bellringers	Thursday evenings 7.45–9.15pm.	
Choir	Choir practice Friday evenings 7.30 for 7.45-9pm. (There are no practices during August) Choir Club for children and young people from age 7 - 8 upwards. In the Old School 6.30 (doors open 6.15) - 8pm on Fridays. (Not during Half Term and school hols.)	
Holy Trinity Mens Group	Wednesday 15 April – meat at the Whyte Harte For more information contact Clive Simmonds 01444 454481 or email: clivesimmonds@btinternet.com	
Home Groups	Alternate Thursday Evenings (2 groups), 8pm call Clive & Isobel Simmonds 01444 454481 Tuesday, 8.00pm (in term time). David and Ros Thunder, Wayfarers, South Street, Tel. 417103.	
Prayer Group	Prayer Group is not meeting at present. Tel. Pam Sagar 01444 414409	
Mothers' Union	Tuesday 14 April – AGM and discussion of Easter Customs Please contact Ros Thunder 417103 for more details	

CROSSWORD ANSWERS

ACROSS: 1, Cosmic. 4, Thomas. 8, In his. 9, Delaiah. 10, Falwell. 11, Water. 12, Recovered. 17, Sidon. 19, Radiant. 21, Centaur. 22, Broil. 23, Eleven. 24, Prison.

DOWN: 1, Cliffs. 2, Scholar. 3, Issue. 5, Holy war. 6, Moist. 7, Sphere. 9, Deliverer. 13, Candace. 14, Deacons. 15, Psyche. 16, Stolen. 18, Dance. 20, Debar.

The master pages (including adverts) used to print this magazine can be viewed at www. holytrinitycuckfield.org/directory/parish-magazine/

Regular Events (continued)

Cuckfield Crafts and Vintage Market Queens Hall	Next Market will be on 17 th April from 9.30am to 1pm For more details or to book a pitch contact Marie Dormer email: marie.c.dormer@gmail.com	
Cuckfield Local Market	Saturday 11 th April 9.30am to 12.30pm. Food Market at The Talbot, High Street, Cuckfield. (Monthly on Second Saturday of Month)	
Cuckfield Evening Flower Club	Friday 17 April – Eleanor Bracken 'Magic of Spring' Venue Haywards Heath Methodist Church 7.30 for 7.45pm	
Cuckfield Ladies Group	Tuesday 7 th April 3.30pm – Tea at Bolney Winery (Perhaps a short walk beforehand) For more details please contact Jan Bryan 414891	
Solo Lunch	The Solo Lunch on Sunday April 5 th is cancelled due to the ongoing public health issues.	
Cuckfield Evening WI	Tuesday 21 April – Celebrate Cuckfield Meetings take place at 7.30pm at the Cuckfield Baptist Church, Polestub Lane.	

Items carried in the Cuckfield Parish Magazine do not necessarily represent the views of Holy Trinity PCC, the Vicar or the Editorial Team. The Editorial Team reserves the right to decline to publish any item or to amend or shorten material. For that reason we do not accept copy in PDF or file formats other than Word.

We are very pleased that the parish magazine is seen as a good vehicle for advertising by local traders and others but readers must accept that the Editors do not vouch for or in any way warrant the individuals, organisations, products or services advertised here.

April 2020 Calendar & Readings for Sunday Services

SUNDAY 5 APRIL – PALM SUNDAY

8.00am Holy Communion

Isaiah 50: 4-9a; Philippians 2: 5-11;

Matthew 26: 14-27: end

9.45am Parish Eucharist

6.00pm Palm Sunday Devotion

SUNDAY 12 APRIL – EASTER DAY

8.00am Holy Communion

As 9.45am

9.45am Parish Eucharist

Acts 10: 34-43; Colossians 3: 1-4;

Matthew 28: 1-10

6.00pm Sung Evensong

Song of Solomon 3: 2-8, 8: 6-7; John 20: 11-18

SUNDAY 19 APRIL – SECOND SUNDAY OF EASTER

8.00am Holy Communion

As 9.45am

9.45am Parish Eucharist

Acts 2: 14a, 22-32; 1 Peter 1: 3-9;

John 20: 19-end

6.00pm Sung Evensong

Daniel 6: 1-23; Mark 15: 46-16:8

SUNDAY 26 APRIL – THIRD SUNDAY OF EASTER

8.00am Holy Communion (Traditional Language)

As 9.45am

73 J. 73 UII

9.45am Parish Eucharist

Acts 2: 14a, 37-41; 1 peter 1: 17-23;

Luke 24: 13-35

6.00pm Sung Evensong

Haggai 1: 13-2: 9; 1 Corinthians 3: 10-17

Holy Trinity Cuckfield

SUNDAY SERVICES & MAJOR FESTIVALS FOR THE MONTH

(SEE INSIDE)

WEEKDAY SERVICES – NORMALLY IN THE LADY CHAPEL

Monday 9.00am Morning Prayer

Wednesday 10.30am Holy Communion followed by Coffee & Cake

5.00pm Evening Prayer

Thursday 9.00am Holy Communion

Friday 11.00am Holy Communion, BCP

Saturday 8.45am Morning Prayer

FOR CHILDREN - IN THE OLD SCHOOL — SUNDAYS

Noah's Ark ages 0 to 3

Children's Church ages 3 to 10

Xplorers action for 11 to 13 year olds.

except for 1st Sunday of each month when all join the Family Service and during the school summer holidays.

NEWCOMERS AND VISITORS ARE MOST WELCOME COME AND SEE!

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