

Sunday  
2<sup>nd</sup> June 2024  
**1<sup>st</sup> Sunday  
after Trinity**

# Holy Trinity Cuckfield

*You are very welcome to  
our worship!*



## Weekly Reflection...

The passage from Mark 2:23-3:6, where Jesus reinterprets the Sabbath, can seem to conflict with Deuteronomy 5:12-15, where the Sabbath commandment is clearly laid out. Was Jesus breaking the law when he allowed his disciples to eat some crops or when he healed someone? In fact, these passages emphasise Jesus' role as an authoritative interpreter of the law, one who prioritises human need and compassion over rigid legalism. By positioning Jesus as Lord of the Sabbath, the passages assert his divine authority and introduce a new understanding of religious observance focused on mercy and human flourishing. Jesus' interpretation aligns with a deeper intention of the law, which is to benefit people. He argues that acts of mercy and necessity are consistent with the spirit of the Sabbath. This is seen in his statement, "The Sabbath was made for man, not man for the Sabbath"

## Worship this Sunday...

### Collect

O God, the strength of all those who put their trust in you, mercifully accept our prayers and, because through the weakness of our mortal nature we can do no good thing without you, grant us the help of your grace, that in the keeping of your commandments we may please you both in will and deed; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

### Post Communion Prayer

Eternal Father, we thank you for nourishing us with these heavenly gifts: may our communion strengthen us in faith, build us up in hope, and make us grow in love; for the sake of Jesus Christ our Lord. **Amen**

**8.00 am**

**Holy Communion**

Reader 1:

Gerry Larnar

Reader 2:

Anthony Vander Willigen

**9.45 am**

**1<sup>st</sup> Sunday after Trinity**

Pr Hymn: 2 Christ whose glory fills the skies  
Setting: Rizza  
Gr Hymn: 790 Teach me my God & King  
Of Hymn: 630 Father Lord of all creation  
Anthem: Jesus Lamb of God (Flex p132)  
Cm Hymn: 437ii Come to me says Jesus  
747 O God you search me  
Fn Hymn: 387 Rise and hear!  
2 Christ whose glory fills the skies

Reader 1:

Jane Coan

Reader 2:

Kate Berry

Intercessions:

Mark Parker

**11:15am**

**Family Worship**

*Please note there is no sung evensong as it  
has been moved forward by a week for Trinity  
Sunday*

\* Also live streamed on zoom - click the blue button on the front of the church website.

## First Reading

*Observe the Sabbath and keep it holy*

Observe the sabbath day and keep it holy, as the LORD your God commanded you. For six days you shall labour and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work you, or your son or your daughter, or your male or female slave, or your ox or your donkey, or any of your

*Deut 5.12-15*

livestock, or the resident alien in your towns, so that your male and female slave may rest as well as you. Remember that you were a slave in the land of Egypt, and the LORD your God brought you out from there with a mighty hand and an outstretched arm; therefore the LORD your God commanded you to keep the sabbath day.

**Second Reading**

*2 Corinthians 4.5-12*

*Our treasure is in jars of clay; glory belongs to God, not to us*

For we do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. For it is the God who said, 'Let light shine out of darkness', who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ. But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be made visible in our bodies. For while we live, we are always being given up to death for Jesus' sake, so that the life of Jesus may be made visible in our mortal flesh. So death is at work in us, but life in you.

**Gospel**

*Mark 2.23-3.6*

*The Son of Man is Lord of the Sabbath*

One sabbath he was going through the cornfields; and as they made their way his disciples began to pluck heads of grain. The Pharisees said to him, 'Look, why are they doing what is not lawful on the sabbath?' And he said to them, 'Have you never read what David did when he and his companions were hungry and in need of food? He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions.' Then he said to them, 'The sabbath was made for humankind, and not humankind for the sabbath; so the Son of Man is lord even of the sabbath.' Again he entered the synagogue, and a man was there who had a withered hand. They watched him to see whether he would cure him on the sabbath, so that they might accuse him. And he said to the man who had the withered hand, 'Come forward.' Then he said to them, 'Is it lawful to do good or to do harm on the sabbath, to save life or to kill?' But they were silent. He looked around at them with anger; he was grieved at their hardness of heart and said to the man, 'Stretch out your hand.' He stretched it out, and his hand was restored. The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him.

**This Week....**

04/06 Tue	10.00 am	Online Prayer Meeting	
05/06 Wed	10.30 am	Holy Communion*	<i>2 Timothy 1.1-3, 6-12</i> <i>Mark 12.18-27</i>
	4.00 pm	Confirmation Class	
06/06 Thu	9.00 am	Iona /Celtic Communion	<i>2 Timothy 2.8-15</i> <i>Mark 12.28-34</i>
07/06 Fri	11.00 am	BCP Communion	<i>2 Timothy 3.10-end</i> <i>Mark 12.35-37</i>
	1.00 pm	Lunchtime Concert	Church
	6.00 pm	Choir Club	Church
	7.30 pm	Choir Practice	Church
08/06 Sat	9.30 am	Local Farmers Market	Church
09/06 Sun	12.30 pm	Solo's Lunch	Old School

**Next Sunday...**

**Sunday 9th June -  
2<sup>nd</sup> Sunday after Trinity**

*Gen 3.8-15*  
*2 Corinthians 4.13-5.1*  
*Mark 3.20-end*

<b>8.00 am</b>	<b>Holy Communion</b>	Reader 1:	Charles Solomon
		Reader 2:	Charles Solomon
<b>9.45 am</b>	<b>Worship for all Eucharist with Holy Baptism of Juliet and Edward Moss</b>		
Pr Hymn:	644 God is Love	Readers	Children and Families Team
Setting:	Inwood	Intercessions:	Children and Families Team
Gr Hymn:	365 Let us build a house		
Of Hymn:	581 Lord of Lords		
Anthem:	Prayer of St Richard		

Cm Hymn: 587 Amazing Grace  
Fn Hymn: 719 Lord the light of your love

\* Also live streamed on zoom - click the blue button on the front of the church website.

### Notices and Parish News...

**Cuckfield Local Market** - Holy Trinity Cuckfield monthly makers and food market on **8<sup>th</sup> June 2024, 9:30-12:30** for locally sourced, sustainable goods. Support local artisans and embrace environmental stewardship with us. The church will be serving tea coffee and soft drinks, please let Jane know if you can assist. Not forgetting proceeds from this local event will be donated to **Friends of Embark** a local charity providing home and work experience for adults with learning difficulties

The **Deanery Confirmation Service** will take place on **Tuesday 11<sup>th</sup> June at 7.30pm** venue St Giles, Horsted Keynes.

**Cuckfield Music Festival** - will be taking place 13<sup>th</sup> - 15<sup>th</sup> June with a number of events being conducted here at Holy Trinity Church. **13<sup>th</sup> June at 1:00 pm** is Molly Hord organ recital, **14<sup>th</sup> June at 1:00 pm** Paul Gregory guitar recital, and **7:00 pm** DIVA Iconic, **15<sup>th</sup> June 7:00 pm** Jazz singer Claire Martin & Montpelier Cello Quartet. For more information and to book tickets please visit [cuckfieldmusicfest.co.uk](http://cuckfieldmusicfest.co.uk)

**Sunday's Cool Is Back!** - Next dates are **30<sup>th</sup> June**, 21<sup>st</sup> July, 15<sup>th</sup> September, 29<sup>th</sup> September, 20<sup>th</sup> October, and 17<sup>th</sup> November. If you can help at any of those sessions, or our child wants to come along, please let Hilary know by emailing [inspirefm@holyltrinitycuckfield.org](mailto:inspirefm@holyltrinitycuckfield.org). We really want to demonstrate how committed we are to children and young families in this parish.

Children who are in years 5 and 6 are not able to be confirmed in this diocese but can be **admitted to communion** after following a short and following a service of admission to take place at Holy Trinity (this will be arranged for July). If you would like you child admitted to communion, please see Fr. Daniel about this also so that we can get the preparation classes set up in the most convenient manner.

**Your Next Steps in Ministry**, if you are a settled member of the congregation, have you thought about what your next steps might be in your worshipping life. Please approach Fr. Daniel if you might be interested in joining the rota of readers, of intercessors or of Eucharistic Assistants. He would also be interested in hearing from adults or children who would like to join the rota for operating the AV and sound desk, being an acolyte (candle bearer) and bringing the elements up at the offertory. Fr Daniel may well approach you about taking up one of these important but rewarding posts.

**Children's Birthdays** - from this month we want to start marking the birthdays of children who attend Holy Trinity by giving them a candle. If you have a child (under 13) please let Gina know their birthday so that we can make sure that it is marked and that nobody gets missed out.

Holy Trinity is working to implement the **ChurchSuite** software for the Benefice. It has been adopted by more than 3,000 churches worldwide and the software provides a central repository for people, events, bookings, rotas, and groups and oversees communications by email and text (among numerous other things!). The parish calendar is already available via the website, and the Mailchimp mailing list for the newsletter is updated automatically from ChurchSuite. You are now able to login to **My ChurchSuite** - you can also find a link at the bottom of each newsletter. Enter your email address (this is the one to which the newsletter is sent). You probably do not yet have a password, so click 'Forgotten Password'; ChurchSuite will send you an email with a link to enable you to set a new password. You do not have access to all the features of ChurchSuite, but feel free to explore!

### Prayers...

#### **Those to be married:**

*At Holy Trinity, Cuckfield:* 25/06/2024, Robert Martin Littlejohns and Oleksandra Korsunska; 29/06/2024, Matthew Peter Smith and Emma Elizabeth Robson; 06/07/2024, David Henry Rowlinson and Olivia May Barnard

#### **Those in immediate need:**

Becky Parker, James Watson, Bill Delany, Jay Veer Grewel and Jocelyn Bentley, Pam Sagar.

#### **Those in long term need:**

Young Georgia, Ann Went, Julie Sadler, Wendy Hibling, Eileen Knight, Jim Knight, Liz Graydon, Peter Graydon, Eileen Macdougall, George Snashall, Karen Leese, Yvonne Godsmark, Mark Herring

#### **Those in care homes:**

Mary Watts, Ruth Baker, Rosemary Pardey, Janet Card, Keith Card, Tina Owens

#### **The recently departed and those who mourn:**

Derek Barton, Elizabeth Charles, David Mortimer Strong, Ivan Birchall, Roy Amey and Lissen Jellings

**Those whose year's mind falls at this time:** 2<sup>nd</sup> June Anthony David Allanson 2003, 3<sup>rd</sup>. Gwyneth Webster 1999, 5<sup>th</sup> William Henry Chatfield 2003, Mary Rose Beard 2005, Elsie Irene Griffiths 2005, Mollie Nettleton 2010, Marilyn Elspeth Campbell Catterall 2012, Don Cranefield 2023, 6<sup>th</sup> Jill Castle 1997, Ronald Knight 2004, David Charles Salter 2007, Penny Thornton 2011, 8<sup>th</sup> Bill Macdougall 1995, Alison Petitpierre 2002

### **Praying through the week...**

**Mon Jun 3<sup>rd</sup>** - Remembering World Bicycle Day today we pray for all who are making efforts to improve safety for cyclists and pedestrians. We pray for all encouraging affordable, accessible and environmentally- friendly forms of transport, and exercise as part of promoting good health and well-being. We pray for all who maintain paths, cycle tracks and roadways. Locally we pray for the Independent State of Cuckfield, in all of the work that they do locally.

**Tue Jun 4<sup>th</sup>** - On this International Day of Child Victims of Aggression, we pray for the children living in wars across the globe, facing unspeakable horrors: unsafe sleeping in their homes, learning in school, seeking medical care at hospitals, or trying to escape danger. From killing and maiming, abduction and sexual violence, to attacks on education and health facilities, and the denial of the humanitarian assistance that they desperately need, children are being caught in the crosshairs of warring parties at a staggering scale. We pray for all in positions of leadership to bring to bear pressure to maintain humanitarian aid and save children. Locally we remember the people of Isaac's Lane and pray for their safety, health and well-being.

**Wed Jun 5<sup>th</sup>** - On this World Environment Day, we lament the lack of progress in reducing the more than 400 million tons of single- use plastic every year world-wide. An estimated 19-23 million tonnes end up in lakes, rivers and seas annually (approx. the weight of 2,200 Eiffel Towers all together). Microplastics find their way into food, water and air; it is estimated, each person on the planet consumes more than 50,000 plastic particles per year. Discarded or burnt single-use plastic harms human health and biodiversity and pollutes every ecosystem from mountain tops to the ocean floor. We pray that with available science and solutions to tackle the problem, governments, companies and other stakeholders scale up and speed actions to solve this crisis. May we too never lose sight of the part we play in reducing single -use plastic. Locally we pray for the people of Jeremy's Lane, that they find the welcome and support of a caring neighbourhood.

**Thu Jun 6<sup>th</sup>** - We pray for children and young people in the midst of the exam season. We pray that they are enabled to do the best they can, without being overwhelmed by anxiety; may they find whatever support they need. We pray too for teachers and schools and parents all needing to find the best ways to support and encourage. Locally we pray particularly for the people of Ledgers Meadow, that they may feel the joy of belonging and being valued.

**Fri Jun 7<sup>th</sup>** - On World Food Safety Day, we recognise that unsafe food is a threat to human health and economies, disproportionately affecting vulnerable and marginalised people, women and children, populations affected by conflict, and migrants. We pray for all those strengthening efforts to ensure that the food we eat is safe, that food safety is in the public agenda and to reduce the burden of foodborne diseases globally. Locally we pray for the people of Leyton Lea, for a neighbourhood of understanding, hospitality and care.

**Sat Jun 8<sup>th</sup>** - On World Oceans Day we give thanks for all that the oceans provide: habitat, beauty, energy, recreation, food... We pray for all depending on oceans for their livelihoods and all working to maintain a clean, healthy, unpolluted environment.

Locally we pray for all those working in healthcare, doctors, nurses, social care workers, that they may experience the love and kindness of others today.

### **Please stay in touch!**

If you would like to know more of what happens at Holy Trinity, please check us out online:

**[www.holytrinitycuckfield.org](http://www.holytrinitycuckfield.org)**

You can also sign up for our weekly email newsletter, using the link at the bottom of the church homepage.

#### **Vicar**

The Revd Daniel Valentine

Tel: 01444 454007

[vicar@holytrinitycuckfield.org](mailto:vicar@holytrinitycuckfield.org)

#### **Parish Administrator**

Gina Parker

(Please email the Vicar for the time being)

#### **Churchwardens**

Brian Cutler and Jane Coan

[churchwarden@holytrinitycuckfield.org](mailto:churchwarden@holytrinitycuckfield.org)