

Sunday  
23<sup>rd</sup> June 2024  
**4<sup>th</sup> Sunday  
after Trinity**

# Holy Trinity Cuckfield

*You are very welcome to  
our worship!*



## Weekly Reflection...

The Gospel this Sunday recounts the story of Jesus calming the storm on the Sea of Galilee. The sudden and violent storm represents the unpredictability and danger faced by the disciples. Life for many of us can become unpredictable and dangerous. The disciples' reaction to the storm and Jesus' subsequent rebuke highlights the importance of faith, especially during difficult times. Their fear and panic contrast sharply with Jesus' calm and sleeping state. Jesus' question, "Why are you so afraid? Have you still no faith?" is a call for deeper trust and reliance on him. This message is timeless, urging Christians to maintain their faith and trust in God's providence even when faced with life's storms. It teaches that faith is not merely intellectual assent but a deep trust in God's presence and care, especially in moments of crisis.

## Worship this Sunday...

### Collect

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: increase and multiply upon us your mercy; that with you as our ruler and guide we may so pass through things temporal that we lose not our hold on things eternal; grant this, heavenly Father, for our Lord Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy spirit, one God, now and for ever. **Amen**

### Post Communion Prayer

Eternal God, comfort of the afflicted and healer of the broken, you have fed us at the table of life and hope: teach us the ways of gentleness and peace, that all the world may acknowledge the kingdom of your Son Jesus Christ our Lord.

**Amen**

### 8.00 am Holy Communion

Reader 1: Roger Edmonston  
Reader 2: Roger Edmonston

### 9.45 am Parish Eucharist 4<sup>th</sup> Sunday\*

Pr Hymn: 823 He who would valiant  
Setting: Rizza  
Gr Hymn: 702 Lead us heavenly Father  
Of Hymn: 768i Put thou thy trust  
Anthem: A Gaelic blessing NCABp1  
Cm Hymn: 255 O Holy Spirit Lord of Grace  
494 I the Lord of sea & sky  
Fn Hymn: 739 Now thank we all our God

Reader 1: Isobel Simmonds  
Reader 2: Brian Cutler  
Intercessions: Nicholas Rowe

\* Also live streamed on zoom - click the blue button on the front of the church website.

### First Reading

*Job 38.1-11*

*God challenges Job from the whirlwind: 'Who made the seas, the clouds and the darkness?'*

Then the LORD answered Job out of the whirlwind: 'Who is this that darkens counsel by words without knowledge? Gird up your loins like a man, I will question you, and you shall declare to me. 'Where were you when I laid the foundation of the earth? Tell me, if you have understanding. Who determined its measurements—surely you know! Or who stretched the line upon it? On what were its bases sunk, or who laid its cornerstone when the morning stars sang together and all the heavenly beings shouted for joy? 'Or who shut in the sea with doors when it burst out from the womb?— when I made the clouds its garment, and thick darkness its swaddling band, and prescribed bounds for it, and set bars and doors, and said, "Thus far shall you come, and no farther, and here shall your proud waves be stopped"?'

**Second Reading**

2 Corinthians 6.1-13

*Paul urges the Corinthians not to accept God's grace in vain*

As we work together with him, we urge you also not to accept the grace of God in vain. For he says, 'At an acceptable time I have listened to you, and on a day of salvation I have helped you.' See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labours, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honour and dishonour, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything. We have spoken frankly to you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return—I speak as to children—open wide your hearts also.

**Gospel**

Mark 4.35-end

*Jesus calms the storm*

On that day, when evening had come, he said to them, 'Let us go across to the other side.' And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great gale arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, 'Teacher, do you not care that we are perishing?' He woke up and rebuked the wind, and said to the sea, 'Peace! Be still!' Then the wind ceased, and there was a dead calm. He said to them, 'Why are you afraid? Have you still no faith?' And they were filled with great awe and said to one another, 'Who then is this, that even the wind and the sea obey him?'

**This Week....**

25/06 Tue	3.00 pm	Wedding of Robert Littlejohns & Oleksandra Korsunska	Church
26/06 Wed	10.30 am	Holy Communion*	2 Kings 22.8-13, 23.1-3 Matthew 7.15-20
	4.00 pm	Admission to Communion	Old School
	6.30 pm	Space for Grace	Church
27/06 Thu	9.00 am	Iona /Celtic Communion	2 Kings 24.8-17 Matthew 7.21-end
28/06 Fri	11.00 am	BCP Communion	2 Kings 25.1-12 Matthew 8.1-4
	6.00 pm	Choir Club	Church
	7.30 pm	Choir Practice	Church
29/06 Sat	12.00 pm	Wedding of Matthew Smith & Emma Robson	Church
	2.30 pm	Funeral of Pat Gallagher	Church

**Next Sunday...**

**Sunday 30<sup>th</sup> June -  
5<sup>th</sup> Sunday after Trinity**

Wisdom 1.13-15, 2.23-24  
2 Corinthians 8.7-end  
Mark 5.21-end

**8.00 am Holy Communion** Reader 1: Graham Johnson  
Reader 2: Graham Johnson

**9.45 am Parish Eucharist with Sunday's Cool\***  
Pr Hymn: 545 Morning has broken Reader 1: Alan Curren  
Setting: Rizza Reader 2: Evelyn Stenning  
Gr Hymn: 518 O Christ the healer Intercessions: Eileen Caple  
Of Hymn: 629iii Father hear the prayer

Anthem: The true & living bread Flex p255  
Cm Hymn: 594 Be still my soul  
451ii Just as I am  
Fn Hymn: 520 Thine arm O Lord  
6.00 pm Choral Evensong  
Jeremiah 11.1-14  
Romans 13. 1-10

\* Also live streamed on zoom - click the blue button on the front of the church website.

## Notices and Parish News...

**Admission to communion** - At Holy Trinity, we take the spirituality of children seriously, and we want to give them opportunities to grow in their relationship with God and take their place as full members of our worshipping community. We will be admitting 6 children to communion at the 9.45 am service on **7<sup>th</sup> July 2024**.

**Cuckfield Local Market** - Holy Trinity Cuckfield monthly makers and food market on **13<sup>th</sup> July 2024, 9.30-12.30** providing locally sourced, sustainable goods. Support local artisans and embrace environmental stewardship with us. The church will be serving tea, coffee and soft drinks, please let Jane know if you can assist.

**Sunday's Cool Is Back!** - Next dates are 21<sup>st</sup> July, 15<sup>th</sup> September, 20<sup>th</sup> October, and 17<sup>th</sup> November. If you can help at any of those sessions, or our child wants to come along, please let Hilary know by emailing [inspirefm@holytrinitycuckfield.org](mailto:inspirefm@holytrinitycuckfield.org). We really want to demonstrate how committed we are to children and young families in this parish.

**Children's Birthdays** - from this month we want to start marking the birthdays of children who attend Holy Trinity by giving them a candle. If you have a child (under 13) please let Gina know their birthday so that we can make sure that it is marked and that nobody gets missed out.

**Solo's Lunch needs volunteers** - Could you spend some time helping now and again with the Solo's lunch. This lunch takes place from 12.30pm – 2.30pm on the Second Sunday of each month. Providing a two course Sunday lunch to elderly single people. We are looking for volunteers to help with serving and who might like to help with cooking. If you think you might be able to help, please let Gina know in the office and she will put you in touch with the coordinator.

## Prayers...

### **Those to be married:**

*At Holy Trinity, Cuckfield:* 25/06/2024, Robert Martin Littlejohns and Oleksandra Korsunska; 29/06/2024, Matthew Peter Smith and Emma Elizabeth Robson; 06/07/2024, David Henry Rowlinson and Olivia May Barnard

### **Those in immediate need:**

Becky Parker, James Watson, Bill Delaney, Jocelyn Bentley and Pam Sagar

### **Those in long term need:**

Young Georgia, Ann Went, Julie Sadler, Wendy Hibling, Eileen Knight, Jim Knight, Liz Graydon, Peter Graydon, Eileen Macdougall, George Snashall, Karen Leese, Yvonne Godsmark, Mark Herring

### **Those in care homes:**

Mary Watts, Ruth Baker, Rosemary Pardey, Janet Card, Keith Card, Tina Owens

### **The recently departed and those who mourn:**

Pat Gallagher

**Those whose year's mind falls at this time:** 23<sup>rd</sup> Ian Gary Ross 2010, Merrill 24<sup>th</sup> Mary Goddard 2001, Marie Atmore 2017, 26<sup>th</sup> Alan Fellows 2004, Alastair James Murray 2014, 27<sup>th</sup> Constance Edith Salter 2004, James Joseph Perkins 2006, Frederick Gray 2022, 28<sup>th</sup> Angela Titheradge, Robert (Bob) Mumbray 2015 29<sup>th</sup> Norah Elizabeth Cooper 2002, Jonathan Malins 2022

## Praying through the week...

**Mon Jun 24<sup>th</sup>** - Marking International Widows Day (23rd) we recognise that, for many women around the world, the devastating loss of a partner is magnified by a long-term fight for their basic rights and dignity. We pray for the safeguarding and advancement of rights for widows, to counteract such things as land grabs and denial of inheritance rights after a husband's death. We pray for all who feel vulnerable, sorrowful and anxious having lost a life partner, that they may find the love and support of family, friends and community. We pray locally for the people of Mytten Bank, that they may feel heard, hopeful and valued.

**Tue Jun 25<sup>th</sup>** – On this Day of the Seafarer we pray for all who work or travel on or in the sea: for all who experience the dangers of extreme weather conditions, inadequate vessels and equipment or the threat of piracy: for all seeking to flee danger and find refuge across seas. We give thanks for such services as coast guards and the RNLi and their commitment to come to the aid of those in need at sea. We pray for the people of Mytten Close, that they may know the generosity and compassion of their community.

**Wed Jun 26<sup>th</sup>** – On this International Day against Drug Abuse and Illicit Trafficking we pray that stigma and discrimination cease and prevention is strengthened. We pray for all affected by drug abuse and trafficking, and pray that organisations established to support addicts in recovery and find ways to disrupt the exploitation of vulnerable people are made more robust, well maintained and are better supported. Locally we pray for the people of Newbury Lane, that they may find the support, joy and strength they need in their lives.

**Thu Jun 27<sup>th</sup>** – Remembering the International Day in Support for the Victims of Torture, we pray for all victims of torture, the organisations like Amnesty International bringing to light such abuses, and organisations like Freedom From Torture, providing support and healing to victims. We pray locally for Next Step Nursery, Busy Bees Nursery and Cuckoos, that they may see something of God's love in their lives and in their environment.

**Fri Jun 28<sup>th</sup>** – We pray for all working in the entertainment industry: for actors, dancers, musicians, poets, cartoonists, comics, and circus performers. We give thanks for their skills and the ways in which they enhance our lives. We pray locally for the people of Ockenden Lane, that they may feel the security and dignity of a warm, inclusive community.

**Sat Jun 29<sup>th</sup>** – We give thanks for our parks and gardens and for all who work to maintain them. We pray for all who use and love them and for all who fight to preserve them for local access and enrichment. We give thanks for the access we have to walk in wild areas of our countryside and for those who fight to maintain and increase the right to roam. From our own parish we pray for the people of Old Park Close, for their health and welcoming, for their wellbeing and joy.

**Please stay in touch!**

If you would like to know more of what happens at Holy Trinity, please check us out online:

**[www.holytrinitycuckfield.org](http://www.holytrinitycuckfield.org)**

You can also sign up for our weekly email newsletter, using the link at the bottom of the church homepage.

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