

Sunday  
21<sup>st</sup> July 2024  
**8<sup>th</sup> Sunday  
after Trinity**

# Holy Trinity Cuckfield

*You are very welcome to  
our worship!*



## Weekly Reflection...

In our Gospel today Mark portrays Jesus as a compassionate shepherd and powerful healer. The people see in Jesus the fulfilment of His role as the Messiah who brings holistic healing. It shows His dual concern for both the spiritual and physical well-being of the people. Rest and reflection are important for our well-being and especially so when we have demanding responsibilities. We are all involved in God's work in our various ways and Jesus recognises rest and reflection in ministry is important too. The J.B. Phillips version of Matthew 11:28-30 puts it like this... "Come to me, all of you who are weary and over-burdened, and I will give you rest! Put on my yoke and learn from me. For I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."

## Worship this Sunday...

### Collect

Almighty Lord and everlasting God, we beseech you to direct, sanctify and govern both our hearts and bodies in the ways of your laws and the works of your commandments; that through your most mighty protection, both here and ever, we may be preserved in body and soul; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

### Post Communion Prayer

Strengthen for service, Lord, the hands that have taken holy things; may the ears which have heard your word be deaf to clamour and dispute; may the tongues which have sung your praise be free from deceit; may the eyes which have seen the tokens of your love shine with the light of hope; and may the bodies which have been fed with your body be refreshed with the fullness of your life; glory to you for ever. **Amen**

### 8.00 am Holy Communion

Reader 1: Graham Johnson  
Reader 2: Graham Johnson

### 9.45 am Parish Eucharist - with Sunday's Cool\*

Pr Hymn: 584 All my hope on God is founded 5  
Setting: Rizza  
Gr Hymn: 679 In Christ there is no east nor west  
Of Hymn: 794 The King of love my shepherd is  
Anthem: 799i The Lord's my shepherd  
Cm Hymn: 441 Draw nigh and take this body  
610 Christ is the world's true light  
Fn Hymn: 520 Thine arm O Lord  
Setting: 584 All my hope on God is founded 5

Reader1: Carolyn Ponder  
Reader 2: Vicky Peattie  
Intercessions: Isobel Simmonds

### 6.00 pm Sung Evensong \*

\* Also live streamed on zoom - click the blue button on the front of the church website.

### First Reading

*Woe to the bad shepherds, for the Lord will come and redeem Israel*

Woe to the shepherds who destroy and scatter the sheep of my pasture! says the LORD. Therefore, thus says the LORD, the God of Israel, concerning the shepherds who shepherd my people: It is you who have scattered my flock, and have driven them away, and you have not attended to them. So I will attend to you for your evil doings, says the LORD. Then I myself will gather the remnant of my flock out of all the lands where I have driven them, and I will bring them back to their fold, and they shall be fruitful and multiply. I will raise up

*Jeremiah 23.1-6*

shepherds over them who will shepherd them, and they shall not fear any longer, or be dismayed, nor shall any be missing, says the LORD.

The days are surely coming, says the LORD, when I will raise up for David a righteous Branch, and he shall reign as king and deal wisely, and shall execute justice and righteousness in the land. In his days Judah will be saved and Israel will live in safety. And this is the name by which he will be called: 'The LORD is our righteousness.'

## Second Reading

*Ephesians 2.11-end*

*Now the Gentiles are brought near by the blood of Christ*

So then, remember that at one time you Gentiles by birth, called 'the uncircumcision' by those who are called 'the circumcision'—a physical circumcision made in the flesh by human hands—remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, so that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. So he came and proclaimed peace to you who were far off and peace to those who were near; for through him both of us have access in one Spirit to the Father. So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built together spiritually into a dwelling-place for God.

## Gospel

*Mark 6.30-34, 53-end*

*The feeding of the five thousand; healings in Gennesaret*

The apostles gathered around Jesus and told him all that they had done and taught. He said to them, 'Come away to a deserted place all by yourselves and rest a while.' For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things. When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him, and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they laid the sick in the market-places, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

## This Week....

22/07 Mon	2.00pm	HT Primary School Leavers Service	<i>Church</i>
24/07 Wed	10.30 am	Holy Communion*	<i>Jeremiah 1.1, 4-10; Matthew 13.1-9</i>
25/07 Thu	9.00 am	Iona /Celtic Communion	<i>Jeremiah 45.1-5; Matthew 20.20-28</i>
26/07 Fri	11.00 am	BCP Communion	<i>Jeremiah 3.14-17; Matthew 13.18-23</i>
	6.00 pm	Choir Practice	

## Next Sunday...

**Sunday 28<sup>th</sup> July -  
9<sup>th</sup> Sunday after Trinity**

*2 Kings 4.42-end  
Ephesians 3.14-end  
John 6.1-21*

<b>8.00 am</b>	<b>Holy Communion</b>	Reader 1:	Roger Edmonston
		Reader 2:	Roger Edmonston

<b>9.45 am</b>	<b>Parish Eucharist*</b>		
Pr Hymn:	532 omit v 5&6 All Creatures	Reader 1:	Paul Goldfinch
Setting:	Rizza	Reader 2:	Ian Walden
Gr Hymn:	738 Not far beyond the sea	Intercessions:	Clive Simmonds
Of Hymn:	453 Lord enthroned		
Anthem:	Lord I trust thee NCABp228		
Cm Hymn:	451ii Just as I am		
	460 O thou who at thy Eucharist		
Fn Hymn:	652 Guide me o thou great		

\* Also live streamed on zoom - click the blue button on the front of the church website.

## Notices and Parish News...

**Lunchtime Concert** - Holy Trinity Cuckfield look forward to welcoming **Jo Kimber**, Jazz vocalist on **2<sup>nd</sup> August 1.00pm**. Jo her musical career in the 1960s, achieving numerous musical highs throughout her journey. She has been involved in amateur operatic productions and performed in jazz trios and quartets. Most recently, Jo joined the renowned Cuckfield-based group, The Singing Allsorts.

**Seldons Barn** - The Garden Opening took place last Saturday in support of Samara's Aid and raised an amazing **£709**. A heartfelt thank you to Ros Longfield, Hilary Turner-king and all the outreach committee venture team members for making this event such a success.

**Cuckfield Local Market** - Holy Trinity Cuckfield monthly makers and food market on **10<sup>th</sup> August 2024, 9.30-12.30** providing locally sourced, sustainable goods. Support local artisans and embrace environmental stewardship with us. The church will be serving tea, coffee and soft drinks, please let Jane know if you can assist.

**Sunday's Cool Is Back!** - Next dates are **15<sup>th</sup> September** 20<sup>th</sup> October, and 17<sup>th</sup> November. If you can help at any of those sessions, or our child wants to come along, please let Hilary know by emailing [inspirefm@holytrinitycuckfield.org](mailto:inspirefm@holytrinitycuckfield.org). We really want to demonstrate how committed we are to children and young families in this parish.

**Weekly Food Collection** - Please remember to support this if you are able. There are several families at Holy Trinity School in need of help who rely on our weekly delivery

**Children's Birthdays** - We are now marking the birthdays of children who attend Holy Trinity by giving them a candle. If you have a child (under 13) please let Gina know their birthday so that we can make sure that it is marked and that nobody gets missed out.

**Solo's Lunch needs volunteers** - Could you spend some time helping now and again with the Solo's lunch. This lunch takes place from 12.30pm - 2.30pm on the Second Sunday of each month. Providing a two course Sunday lunch to elderly single people. We are looking for volunteers to help with serving and who might like to help with cooking. If you think you might be able to help, please let Gina know in the office and she will put you in touch with the coordinator.

**Stewardship** - Like other churches, we are dependent on the generosity of our local community for our financial support, so we always welcome new donations. Your help will be very much appreciated. Please look at the Giving Page on the Church website, Giving - Holy Trinity Church Cuckfield ([holytrinitycuckfield.org](http://holytrinitycuckfield.org)), to see all the ways available.

**Our Weekly Food Collection** - Our food trolley has been looking rather empty recently. Please remember to support this if you are able. There are several families at Holy Trinity School in need of help who rely on our weekly delivery.

**Looking Forward...** We are now thinking about our Autumn worship.... here's what we have in mind...

- On **Sunday, 8<sup>th</sup> September 2024**, our 9:45 am Worship for All Service will be our **Harvest Festival**. This annual church celebration gives thanks to God for the wonder of creation, our place within it, our food, and those whose work and skill bring God's gifts to us. Please bring non-perishable harvest gifts to donate to the local food bank.
- On **Sunday, 6<sup>th</sup> October 2024**, our 11:15 am Family Praise service will be our **Pet Blessing Service** and will take place outside (weather permitting). Join us for our beloved tradition of blessing the animals! Bring your furry, feathered, or scaled friends to receive a special blessing in the tranquil surroundings of our church gardens. This event is open to all creatures great and small, and their human companions. Highlights include a Pet Blessing Ceremony led by Father Daniel, refreshments for both pets and owners, a Pet Parade showcasing our beloved companions, and a Pet Photo Booth to capture the special day. Come celebrate the joy and love our pets bring into our lives and share in this beautiful community event.
- **Sunday 20<sup>th</sup> October 2024** will mark the launch of our Stewardship Week. During this week, we will reflect on and celebrate the gifts we receive and how we can give back to our church and community. Stewardship Week is an opportunity to explore the many ways we can contribute our time, talents, and treasures to support our mission. We plan several events, including a fellowship meal, a volunteer fair, a service of prayer and reflection, and a workshop on financial stewardship, and this all leads up to...
- **Sunday 27<sup>th</sup> October 2024**, which will be "Stewardship Sunday" with a service that celebrates our collective commitment to stewardship. Our 9.45 am service will include an opportunity to pledge your time, talents, and financial support for the coming year. We need volunteers to help organize Stewardship Week. If you can help, please contact our treasurer, Isobel Simmonds, at [isobelsimmonds@btinternet.com](mailto:isobelsimmonds@btinternet.com). Let us come together to celebrate the blessings we have received and commit to giving back with joy and gratitude.
- On **Sunday 3<sup>rd</sup> November 2024**, at 6:00 pm, there will be an evening of music and readings with an act of remembrance for **Commemorating the Faithful Departed**. We hope our choir will be joined by the New Sussex Singers with accompaniment by a string quartet or small orchestra. We are seeking 8-10 people to sponsor the cost of the musicians for this service by pledging £100.00. If you think you might be able to pledge this or any sum, please let Daniel know so that we can make this a very special service remembering those we have loved but see no longer.

- On **Sunday, 10<sup>th</sup> November 2024**, at 10:30 am there will be a special service at the War Memorial for **Remembrance Day**. We will wear our poppies as we remember those who have lost their lives because of war and observe two minutes of silence at 11:00 am. This will be followed by a Church Parade Service for Remembrance Sunday. We hope that on the same day at 6:00 pm, there will be music, readings, and prayers of remembrance and peace.

### Prayers...

#### **Those to be married:**

At Holy Trinity, Cuckfield: 14/09/2024 Hugh Alexander Radajev and Kirsty Elizabeth Brown.

#### **Those in immediate need:**

Becky Parker, James Watson, Pam Sagar, Mark Herring and Ralph Colbran

#### **Those in long term need:**

Georgia, Ann Went, Julie Sadler, Wendy Hibling, Eileen Knight, Jim Knight, Liz Graydon, Peter Graydon, Eileen MacDougall, George Snashall, Karen Leese, and Yvonne Godsmark

#### **Those in care homes:**

Mary Watts, Ruth Baker, Rosemary Pardey, Janet Card, Keith Card, Tina Owens

#### **The recently departed and those who mourn:** Edna Nicholls

**Those whose year's mind falls at this time:** 21<sup>st</sup> Jack Barnard, Roger Petitpierre 1995, Richard Jeremy Hall 2012, Douglas John Hollis (Priest) 2013 Greville Patrick Goad 2020, 22<sup>nd</sup> William Sayers 1995, Margaret Coomber 1996, Gladys Mary Tidey 2002, Doris Prebble 2009, 23<sup>rd</sup> Percival Abbot 1996, Shirley Rosalind Deakin 2011, Brian Eustace Norman 2013, 24<sup>th</sup> Richard (Dick) James Beard 2005, William Edward Baxter 2010, 25<sup>th</sup> Stella Muir 1993, Oscar Laurence Leader Orpen 2003, Simon Montfort Bebb 2008, Dorothy Betty Upton 2008, 26<sup>th</sup> Brian Cooper 1994, Gillian Ann Coventry 2006, 27<sup>th</sup> Alan John Cruse 1997, Fred Capelin 1999, Alan Virgin 2012

### Praying through the week...

**Mon Jul 22<sup>nd</sup>** - We pray for those whom we meet or are in contact with today, that we may see or hear them truly, that we may recognise their dignity. We pray for them in all they are coping with in their lives. Locally we pray for the people of Stocklands Close, that they may experience the warmth and security of a welcoming and inclusive neighbourhood.

**Tue Jul 23<sup>rd</sup>** - We give thanks for those who entertain us with laughter and fun through comedy, art and stories. We pray for them and give thanks for the gifts of laughter and humour. We pray locally for the people of The Brambles that they may feel the security and dignity of a warm, inclusive community.

**Wed Jul 24<sup>th</sup>** - We pray for all who feel vulnerable, sorrowful and anxious having lost a life partner, that they may find the love and support of family, friends and community. We pray locally for the people of The Dell, that they may feel heard, hopeful and valued.

**Thu Jul 25<sup>th</sup>** - On World Drowning Prevention Day we pray for all those affected by the drowning of a loved one; we pray for all those refugees fleeing horrific circumstances, desperate enough to risk many dangers in the name of hope; we pray for all those involved in fishing, diving and water transport. We give thanks for all who work to prevent such drowning and for all who come to the aid of those in difficulty on the waters. We pray for all involved in keeping our rivers and coastlines safe for people enjoying water sport and holiday activities and for those involved in education about safety round water. We give thanks for swimming instructors and pray for them in their work. We pray for the people of The Highlands, that they may know the generosity and compassion of their community.

**Fri Jul 26<sup>th</sup>** - As we look toward our Autumn programme at Holy Trinity, we pray for all involved in the preparation of particular events and services. We pray that we are successful in reaching those in need and in maintaining a positive relationship with the local community. We pray that we may reflect the love, welcome, peace and mercy of God. Locally we pray for the people of The Knowle that they may find the support, joy and strength they need in their lives.

**Sat Jul 27<sup>th</sup>** - We pray for the children of our parish and ask for God's blessing on all our children and family work. We pray locally for the people of The Street, that they may see something of God's love in their lives and in their environment.

### Please stay in touch!

If you would like to know more of what happens at Holy Trinity, please check us out online:

**[www.holytrinitycuckfield.org](http://www.holytrinitycuckfield.org)**

You can also sign up for our weekly email newsletter, using the link at the bottom of the church homepage.

#### **Vicar**

The Rev'd Daniel Valentine

Tel: 01444 454007

[vicar@holytrinitycuckfield.org](mailto:vicar@holytrinitycuckfield.org)

#### **Parish Administrator**

Gina Parker

Tel: 01444 456461

[office@holytrinitycuckfield.org](mailto:office@holytrinitycuckfield.org)

#### **Churchwardens**

Brian Cutler and Jane Coan

[churchwarden@holytrinitycuckfield.org](mailto:churchwarden@holytrinitycuckfield.org)