

Sunday
11th August 2024
**11th Sunday
after Trinity**

Holy Trinity Cuckfield

*You are very welcome to
our worship!*



Weekly Reflection...

The Christian life is based on gift, and not just any gift, but Christ himself. How Christ gives himself in word and sacrament isn't easy to understand. Debates within church history show us this. The Jews' reaction in our Gospel reading reminds us that even those who knew Jesus found it difficult to understand. God empties himself to and for us in Christ. God calls us to himself in Christ. Sometimes those whom God calls surprise us and upset our models of leadership. We're reminded that even those who knew Jesus were aghast that he could be God's Messiah, let alone God himself.

Worship this Sunday...

Collect

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever **Amen**

Post Communion Prayer

Lord of all mercy, we your faithful people have celebrated that one true sacrifice which takes away our sins and brings pardon and peace: by our communion keep us firm on the foundation of the gospel and preserve us from all sin; through Jesus Christ our Lord. **Amen**

8.00 am Holy Communion

Reader 1: Charles Solomon
Reader 2: Charles Solomon

9.45 am Parish Eucharist (said with hymns)*

Pr Hymn: 422 Alleluia sing to Jesus
Setting: Said
Gr Hymn: 4 New every morning is the love
Of Hymn: 664 How sweet the name of Jesus
Cm Hymn: 594 Be still my soul
Fn Hymn: 453 Lord enthroned

Reader 1: Rod Montague
Reader 2: Pat Montague
Intercessions: Rev'd Daniel Valentine

* Also live streamed on zoom - click the blue button on the church homepage.

First Reading

Kings 19.4-8

The fleeing, despondent Elijah is fed and watered by God in the wilderness

But he himself went a day's journey into the wilderness and came and sat down under a solitary broom tree. He asked that he might die; It is enough; now, O Lord, take away my life, for I am no better than my ancestor's. Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him 'Get up and eat'. He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said 'Get up and eat, otherwise the journey will be too much for you'. He got up, and ate and drank; then he went in the strength of that food for forty days and forty nights to Horeb the mount of God.

Second Reading

Ephesians 4.25-5.2

Be truthful, work honestly, speak well, put away malice and be tender-hearted

So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building

up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Gospel

John 6.35, 41-51

The Jews complain that Jesus is claiming to be 'the bread of life'

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' Jesus answered them, 'Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

This Week....

NB Services on Sunday Morning & Wednesday morning only during August

12/08 Mon	11.30 am	Goldbridge Care Home - Holy Communion	
14/08 Wed	10.30 am	Holy Communion*	Ezek.9: 1-7, 10: 18-22 Matthew 8.15-20
	2.00 pm	Funeral - Richard Ewing	Church
16/08 Fri	12.00 pm	Funeral - Anne Malins	Church

Next Sunday...

**Sunday 18th August -
12th Sunday after Trinity**

*Proverbs 9.1-6
Ephesians 5.15-20
John 6.51-58*

8.00 am	Holy Communion	Reader 1:	Graham Johnson
		Reader 2:	Graham Johnson
9.45 am	Parish Eucharist (said with hymns)*		
Pr Hymn:	1 Awake my soul (Pt 1 & dox)	Reader 1:	Eileen Caple
Setting:	Said	Reader 2:	David Read
Gr Hymn:	595 Be thou my vision	Intercessions:	Nicholas Rowe
Of Hymn:	584 All my hope on God is founded		
Cm Hymn:	432 Bread of the world		
Fn Hymn:	589 Angel voices ever singing		

* Also live streamed on zoom - click the blue button on the church home page.

Notices and Parish News...

Cuckfield Local Market - Holy Trinity Cuckfield monthly makers and food market on **14th September 2024, 9.30-12.30** providing locally sourced, sustainable goods. Support local artisans and embrace environmental stewardship with us. The church will be serving tea, coffee and soft drinks, please let Jane know if you can assist.

Sunday's Cool Is Back! - Next dates are **15th September** 20th October, and 17th November. If you can help at any of those sessions, or our child wants to come along, please let Hilary know by emailing inspirefm@holytrinitycuckfield.org. We really want to demonstrate how committed we are to children and young families in this parish.

Weekly Food Collection - Please remember to support this is you are able. There are several families at Holy Trinity School in need of help who rely on our weekly delivery

Children's Birthdays - We are now marking the birthdays of children who attend Holy Trinity by giving them a candle. If you have a child (under 13) please let Gina know their birthday so that we can make sure that it is marked and that nobody gets missed out.

Solo's Lunch needs volunteers - Could you spend some time helping now and again with the Solo's lunch. This lunch takes place from 12.30pm - 2.30pm on the Second Sunday of each month. Providing a two course Sunday lunch to elderly single people. We are looking for volunteers to help with serving and who might like to help with cooking. If you think you might be able to help, please let Gina know in the office and she will put you in touch with the coordinator.

Stewardship - Like other churches, we are dependent on the generosity of our local community for our financial support, so we always welcome new donations. Your help will be very much appreciated. Please look at the Giving Page on the Church website, Giving - Holy Trinity Church Cuckfield (holytrinitycuckfield.org), to see all the ways available.

Looking Forward... We are now thinking about our Autumn worship.... here's what we have in mind...

- On **Sunday, 8th September 2024**, our 9:45 am Worship for All Service will be our **Harvest Festival**. This annual church celebration gives thanks to God for the wonder of creation, our place within it, our food, and those whose work and skill bring God's gifts to us. Please bring non-perishable harvest gifts to donate to the local food bank.
- On **Sunday, 6th October 2024**, our 11:15 am Family Praise service will be our **Pet Blessing Service** and will take place outside (weather permitting). Join us for our beloved tradition of blessing the animals! Bring your furry, feathered, or scaled friends to receive a special blessing in the tranquil surroundings of our church gardens. This event is open to all creatures great and small, and their human companions. Highlights include a Pet Blessing Ceremony led by Father Daniel, refreshments for both pets and owners, a Pet Parade showcasing our beloved companions, and a Pet Photo Booth to capture the special day. Come celebrate the joy and love our pets bring into our lives and share in this beautiful community event.
- **Sunday 20th October 2024** will mark the launch of our Stewardship Week. During this week, we will reflect on and celebrate the gifts we receive and how we can give back to our church and community. Stewardship Week is an opportunity to explore the many ways we can contribute our time, talents, and treasures to support our mission. We plan several events, including a fellowship meal, a volunteer fair, a service of prayer and reflection, and a workshop on financial stewardship, and this all leads up to...
- **Sunday 27th October 2024**, which will be "Stewardship Sunday" with a service that celebrates our collective commitment to stewardship. Our 9.45 am service will include an opportunity to pledge your time, talents, and financial support for the coming year. We need volunteers to help organize Stewardship Week. If you can help, please contact our treasurer, Isobel Simmonds, at treasurer@holytrinitycuckfield.org. Let us come together to celebrate the blessings we have received and commit to giving back with joy and gratitude.
- On **Sunday 3rd November 2024**, at 6:00 pm, there will be an evening of music and readings with an act of remembrance for **Commemorating the Faithful Departed**. We hope our choir will be joined by the New Sussex Singers with accompaniment by a string quartet or small orchestra. We are seeking 8-10 people to sponsor the cost of the musicians for this service by pledging £100.00. If you think you might be able to pledge this or any sum, please let Daniel know so that we can make this a very special service remembering those we have loved but see no longer.
- On **Sunday, 10th November 2024**, at 10:30 am there will be a special service at the War Memorial for **Remembrance Day**. We will wear our poppies as we remember those who have lost their lives because of war and observe two minutes of silence at 11:00 am. This will be followed by a Church Parade Service for Remembrance Sunday. We hope that on the same day at 6:00 pm, there will be music, readings, and prayers of remembrance and peace.

Prayers...

Those to be married:

At Holy Trinity, Cuckfield: 14/09/2024 Hugh Alexander Radajev and Kirsty Elizabeth Brown.

Those in immediate need:

Becky Parker, James Watson, Pam Sagar, Mark Herring and Ralph Colbran,

Those in long term need:

Georgia, Ann Went, Julie Sadler, Wendy Hibling, Eileen Knight, Jim Knight, Liz Graydon, Peter Graydon, Eileen MacDougall, George Snashall, Karen Leese, and Yvonne Godsmark

Those in care homes:

Mary Watts, Ruth Baker, Rosemary Pardey, Janet Card, Keith Card, Tina Owens

The recently departed and those who mourn: Richard Ewing, Anne Malins, Freida Noakes

Those whose year's mind falls at this time: 11th Sheila Emmens 1994, Winifred Martha Stevens 2002, Vivien Butterworth 2020, Yvonne Patricia Ford 202, 12th Alexander Crichton Wallace 2004, Margaret Lorraine Sabin, 2023, 13th Richard John Taylor 2003, Olive Isabel Stenning 2004, Catherine Jane Thurgood 2010, Diane Helen Ede 2018, 14th Ronald Wadhams, Anne Rosemarie Norris 2021, 15th Mabs (Mabel) Ismay Clarke 2001, Anne Diana Lindsay 2005, 16th Colin Francis Ponsford 2001, Ian Godfrey Williams 2010, 17th John Baxter, Norman Whotworth, Michael Ernest Hoile 2004, Maud Isabella Punton 2008.

Praying through the week...

Mon Aug 12th - We pray for all trying to maintain the health, cleanliness and safety of our waters during this holiday period: oceans, rivers, canals, lakes. We pray for greater accountability, responsibility and reparation in the matter of sewage and other waste in our waterways. We pray locally for the people of Wineham Lane, that they may feel the richness of a community of respect, care and inclusivity.

Tue Aug 13th - We pray for all in the midst of famine, drought and disaster; for all still trying to rebuild their lives and communities after such and for all the agencies responding to emergencies.

Locally we pray for the people of Woodbine Close, giving thanks for the ways in which they enrich the lives of the local community.

Wed Aug 14th - We pray for those whom we meet or are in contact with today, that we may see or hear them truly, that we may recognise their dignity. We pray for them in all they are coping with in their lives.

We pray locally for the people of Woodhall Close, that they may feel the comfort and presence of God.

Thu Aug 15th - We pray for those who work with young and elderly people, for those working with people who are distressed, anguished, sad or ill. We pray that they work with patience, compassion and the skills needed.

Locally we pray for all the young people who live away from home, that they may feel the safety and generosity of a kind neighbourhood.

Fri Aug 16th - We pray for all who are sick in body, mind or spirit: for those on the parish prayer list; for those known to us; for those who feel forgotten or alone. We pray for those losing independence and mobility through old age; for all who are frightened or feel adrift. May they know the love and strength of God's presence. We pray for the people attending the Age Concern Day Centre, for their health and well-being.

Sat Aug 17th - We pray for our homes, families and friends and all whom we love. We pray that we never forget to let our love be shown and felt. Locally we pray for all agricultural workers, that they may feel the comfort and presence of God.

Please stay in touch!

If you would like to know more of what happens at Holy Trinity, please check us out online:

www.holytrinitycuckfield.org

You can also sign up for our weekly email newsletter, using the link at the bottom of the church homepage.

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