

Sunday 26th January 2025

3rd Sunday of Epiphany

Holy Trinity Cuckfield

*You are very welcome
to our worship!*



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A Reflection by Revd Stephen Caple



I Came to Proclaim: When Jesus opened the scroll, he declared his mission to the world: to bring good news to the poor, heal the broken-hearted, and proclaim freedom for the captives. This act signifies a powerful revelation of purpose and divine destiny, encapsulating hope and liberation. Through his words, he invites us to reflect on our lives and our calling to serve others. Engaging with this message reminds us of the transformative power of compassion and the importance of our actions in promoting justice and love. Jesus' proclamation challenges us to be agents of change in our communities.

Worship this Sunday...

Collect

Almighty God, whose Son revealed in signs and Miracles the wonder of your saving presence: renew your people with your heavenly grace, and in all our weakness sustain us by your mighty power; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

Post Communion Prayer

Almighty Father, whose Son our Saviour Jesus Christ is the light of the world: may your people, illumined by your word and sacraments, shine with the radiance of his glory, that he may be known, worshipped, and obeyed to the ends of the earth; for he is alive and reigns, now and for ever. **Amen**

Sunday 26th January - 3rd Sunday of Epiphany

Nehemiah 8.1,5-6,8-10
1 Corinthians 12.12-31a
Luke 4.14-21

8.00 am	Holy Communion (BCP)	Readers	Roger Edmonston James Sanders
9.45 am	Parish Communion*	Reader 1	Liz Graydon
Pr Hymn	742 O for a thousand tongues to sing (RICHMOND)	Reader 2	Peter Graydon
Setting	Shephard - Addington Service	Intercessor	Jane Coan
Gr Hymn	646 God is working is purpose out (BENSON)		
Of Hymn	593 At the name of Jesus (CAMBERWELL) (Omit v 2 & 6)		
Anthem	Peter Cornelius The three kings		
Cm Hymn	787 Take my life and let it be (NOTTINGHAM)		
	794 The King of Love My Shepherd Is (DOMINUS REGIT)		
Fn Hymn	827 Ye servants of God (PADERBORN)		

* Also live streamed on zoom - click the blue button on the church homepage

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First Reading

Nehemiah 8.1-3,5-6,8-10

Ezra reads from the scroll of the Law and Nehemiah declares the day to be holy to God

All the people gathered together into the square before the Water Gate. They told the scribe Ezra to bring the book of the law of Moses, which the LORD had given to Israel. Accordingly, the priest Ezra brought the law before the assembly, both men and women and all who could hear with understanding. This was on the first day of the seventh month. He read from it facing the square before the Water Gate from early morning until midday, in the presence of the men and the women and those who could understand; and the ears of all the people were attentive to the book of the law. And Ezra opened the book in the sight of all the people, for he was standing above all the people; and when he opened it, all the people stood up. Then Ezra blessed the LORD, the great God, and all the people answered, 'Amen, Amen', lifting up their hands. Then they bowed their heads and worshipped the LORD with their faces to the ground. So they read from the book, from the law of God, with interpretation. They gave the sense, so that the people understood the reading. And Nehemiah, who was the governor, and Ezra the priest and scribe, and the Levites who taught the people said to all the people, 'This day is holy to the LORD your God; do not mourn or weep.' For all the people wept when they heard the words of the law. Then he said to them, 'Go your way, eat the fat and drink sweet wine and send portions of them to those for whom nothing is prepared, for this day is holy to our LORD; and do not be grieved, for the joy of the LORD is your strength.'

Second Reading

1 Corinthians 12.12-31a

Just as the body is one and all the members of the body, though many, are one body, so it is with Christ

For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body—Jews or Greeks, slaves or free—and we were all made to drink of one Spirit. Indeed, the body does not consist of one member but of many. If the foot were to say, 'Because I am not a hand, I do not belong to the body', that would not make it any less a part of the body. And if the ear were to say, 'Because I am not an eye, I do not belong to the body', that would not make it any less a part of the body. If the whole body were an eye, where would the hearing be? If the whole body were hearing, where would the sense of smell be? But as it is, God arranged the members in the body, each one of them, as he chose. If all were a single member, where would the body be? As it is, there are many members, yet one body. The eye cannot say to the hand, 'I have no need of you', nor again the head to the feet, 'I have no need of you.' On the contrary, the members of the body that seem to be weaker are indispensable, and those members of the body that we think less honourable we clothe with greater honour, and our less respectable members are treated with greater respect; whereas our more respectable members do not need this. But God has so arranged the body, giving the greater honour to the inferior member, that there may be no dissension within the body, but the members may have the same care for one another. If one member suffers, all suffer together with it; if one member is honoured, all rejoice together with it. Now you are the body of Christ and individually members of it. And God has appointed in the church first apostles, second prophets, third teachers; then deeds of power, then gifts of healing, forms of assistance, forms of leadership, various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak in tongues? Do all interpret? But strive for the greater gifts. And I will show you a still more excellent way.

Gospel

Luke 4.14-21

The beginning of Jesus' Galilean ministry and his rejection at Nazareth

Then Jesus, filled with the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding country. He began to teach in their synagogues and was praised by everyone. When he came to Nazareth, where he had been brought up, he went to the synagogue on the sabbath day, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written: 'The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord's favour.' And he rolled up the scroll, gave it back to the attendant, and sat down. The eyes of all in the synagogue were fixed on him. Then he began to say to them, 'Today this scripture has been fulfilled in your hearing.'

This Week...

27/01 Mon	11.30 am	Goldbridge Care Home Holy communion	Goldbridge Care Home
	7.30 pm	Home Group (In Person)	
28/01 Tues	9.30 am	HT Primary Spring Eucharist	Church
	1.30 pm	Funeral T/L Joyce Fowle	Church

29/01 Wed	10.30 am	Holy Communion* followed by coffee and cake	Hebrews 10.11-18 Mark 4.1-20
30/01 Thurs	9.00 am	Iona /Celtic Communion	Hebrews 10.19-25 Mark 4.21-25
	11.30 am	Memorial Service T/L Rosemary Mulcare	Church
	12.00 pm	Lunch "n" Linger	Old School
	7.00 pm	Home Group (Online)	
31/01 Fri	11.00 am	BCP Communion	Hebrews 10.32-end Mark 4.26-34
	6.00 pm	Treble Choir Practice	
	7.30 pm	Choir Practice	

Next Sunday...

Sunday 2nd February - The Presentation of Christ (Candlemas)

			Malachi 3.1-5 Hebrews 2.14-end Luke 2.22-40
8.00 am	Holy Communion (CW)	Reader	Anthony Vander Willigen
9.45 am	Parish Communion*		
Pr Hymn	Hymns 110 Hail to the Lord who comes (OLD 120TH)	Readers 1	Brian Cutler
Setting	Addington	Reader 2	Susan Mayou
Gr Hymn	315 Sing we of the blessed Mother (ABBOT'S LEIGH);	Intercessor	Isobel Simmonds
Of Hymn	113 When candles are lighted on Candlemas Day (LOURDES)		
Anthem	Eccard: When to the temple Mary went		
Cm Hymn	396 Faithful vigil ended (Pastor Pastorum (Gott Ein Vater))		
	787i Take my life and let it be (NOTTINGHAM)		
Fn Hymn	702 Lead us Heavenly Father lead us		
11.15 am	Family Praise		
6.00 pm	Evensong		Haggai 2.1-9 John 2.18-22

* Also live streamed on zoom - click the blue button on the church home page.

Notices and Parish News...

IMPORTANT - DBS CERTIFICATES/UPDATE SERVICE - HT DBS Volunteers with a current certificate and registered on the UPDATE SERVICE: Please ensure renewal as reminders now require ACTION. Follow the link provided, answer three simple questions (including your reference number from the email), and renew. For issues, contact safeguarding@holyltrinitycuckfield.org.

The "online" home group continues **Thursday at 7.00pm**. If you would like to join us or just try it out you will be very welcome. We meet on Zoom on Thursdays at 7pm for one hour. Join using the blue button on the church website.

The in-person home group will resume on Monday, 27th January, meeting weekly in Cuckfield from 7.30pm to 9pm. Until Lent in March, we'll explore the origins and meaning of Communion service words. Contact Caroline (c.curren@btinternet.com) for details.

Prayer Partners - An opportunity for us to pray for each other throughout the year. Please put your name into the box in church which will be offered to members of our church family. If you take one, you will be encouraged to pray for that person, anonymously, throughout the year. It would be wonderful if everyone had someone praying for them.

Cuckfield & Bolney Men's Group Activities for Q1 2025 - On Tuesday 18th Feb 7.30-9.30 pm for our usual Pizza & Skittles evening at the Bull in Henfield. Please email clivesimmonds@btinternet.com confirm your attendance. *There will be no meetings in March during Lent or April in Holy Week.*

'Lunch "n" Linger' our new monthly lunch club will start at **1.00 pm** in the Old School on **Thursday 30th January 2025**. The cost will be £6.50 per head (payable on the day). The menu for this month will be roast gammon or quorn fillet (vegan), cauliflower cheese, carrots, roast potatoes and gravy (which is vegan). Followed by homemade sticky toffee pudding with custard or fruit salad for dessert. There are only 40 places, and these will be allocated on a first-come-first-served basis. If you would like to attend please let Jane know by email janecoan10@gmail.com, confirming whether you would like the meat or vegetarian option. The food will be freshly prepared by the Kitchens at Warden Park Academy, pupils from the school will assist with serving and clearing. If you can assist with setting up and or with clearing/washing up, please let Jane know as well.

Save the Date! - Coro Nuovo Concert in the church - 22nd March 2025, 7pm 'Handel by Candle' - a Baroque programme of Handel, Bach and Vivaldi. The Coro Nuovo singers and orchestra will be joined by the Sussex Young Musician of 2024, Riya Hamre, an excellent young cellist. This concert has been organised by The Friends of Holy Trinity Church Cuckfield. To purchase tickets: www.ticketsource.co.uk/fohtcc

Cuckfield Local Market - Holy Trinity Cuckfield monthly makers and food market returns on **Saturday 8th February 2025 from 9.30-12.30** providing locally sourced, sustainable goods. Dates for 2025 are March 8th, April 12th, May 10th, June 14th, July 12th, August 9th, September 13th, October 11th, November 8th and December 13th. Support local artisans and embrace environmental stewardship with us. The church will be serving tea, coffee and soft drinks, please let Jane know if you can assist.

Sunday's Cool - February 2025, if you can help at any of those sessions, or our child wants to come along, please let Hilary know by emailing inspirefm@holytrinitycuckfield.org. We really want to demonstrate how committed we are to children and young families in this parish.

Prayers...

Those in immediate need:

Becky Parker, Mark Herring, Ralph Colbran, Evelyn Stenning.

Those in long term need:

Georgia, Ann Went, Julie Sadler, Wendy Hibling, Eileen Knight, Jim Knight, Liz Graydon, Peter Graydon, Eileen MacDougall, George Snashall, Karen Leese, and Yvonne Godsmark

Those in care homes:

Mary Watts, Rosemary Pardey, Janet Card, Keith Card, Tina Owens,

The recently departed and those who mourn:

Rosemary Mulcare, John Ross, Debs Roff, Alfie Atkins, Joyce Fowle

Those whose year's mind falls at this time. 26th Joyce Sears, Joan Nash, Mervyn Adams 2002, Bernard Godsmark 2010, Vera Chandler 2019, 27th Roger Kirkbell, Frank Hemstead 1999, Frances Elfreda Gunston 2005, Keith Morgan, 28th Sybill Cheesman, Deborah Robbyns, Hilda Saunders, Clarence (Charles) Mathers 2016, 29th Edith Stopes, 30th Margaret Wratten, 1st February, Albert Buckman 2001, Arthur Henry Lee 2011, Miles Hadrian Dixon 2014

Praying through the week...

Mon Jan 27th - On this International Day of Commemoration for Holocaust Victims, we remember those who died, their families, and survivors. We pray for victims of all genocides, courage to confront dehumanization, and commitment to justice and peace. Locally, we give thanks for the people of Woodhall Close and their support for families, friends, and the community.

Tue Jan 28th - We pray for those in the midst of famine or disaster and those whose lives and communities are still recovering from the effects of such. We pray for all agencies and individuals responding to crises. We pray locally for the young people who live away from home, that they may see something of God's love in their lives and in their community.

Wed Jan 29th - We pray for all in social services, for the difficult decisions they face, the lack of support, and the abuse they endure when things go wrong. We pray for their efforts in a system often inadequate for their clients' complex needs. We also pray for service users to benefit from social care and for Age Concern Centre, bringing joy and comfort to their friends, family, and colleagues.

Thu Jan 30th - We pray for those devastated by political turmoil, war, and strife, including the people of Afghanistan, Yemen, the Holy Land, Ukraine, Syria, and all divided lands. May world leaders seek justice and peace over greed and power. Locally, we pray for agricultural workers to find love and beauty in their lives.

Fri Jan 31st - We pray for all who care for others: children, families, neighbours, friends, and church members supporting those in need. We pray for those in inadequate housing, on the streets, or in poverty, and for a society that protects the vulnerable and promotes the common good. We also pray for Ardingly Road and its support for the community's wellbeing.

Sat Feb 1st - On this day, as we commemorate Brigid, Abbess of Kildare, we give thanks for her legacy of compassion, faith, and care for the poor. May her example inspire hospitality and unity in the Church and beyond. Locally, we pray for the people of Ashburnham Drive, that they may be blessed with peace, love, and community in their lives.

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