

Sunday 22nd June 2025

1st Sunday after Trinity

Holy Trinity Cuckfield

*You are very welcome
to our worship!*



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Reflection

Our Gospel reading illustrates a profound transformation through healing and restoration. When Jesus arrives in the region of the Gerasenes, he encounters a man who has endured immense suffering and isolation. This moment marks a significant turning point in the man's life and highlights the potential for new beginnings. With compassion, Jesus looks at the man and offers him peace and clarity. This act reflects the healing power of divine love and grace. The encounter reveals an important truth: no situation is too tricky for healing and redemption. After restoring the man, Jesus instructs him to share his story with others. This empowers the man to spread hope and inspire change. This powerful narrative encourages us to reflect on our own lives and the transformations we can experience through faith and openness. Just as Jesus instils courage in the transformed man, we are also called to bring light and inspiration to those around us. By sharing our experiences of hope and healing, we contribute to spreading a message of joy and resilience.

Worship this Sunday...

Collect

O God, the strength of all those who put their trust in you, mercifully accept our prayers and, because through the weakness of our mortal nature we can do no good thing without you, grant us the help of your grace, that in the keeping of your commandments we may please you both in will and deed; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Post Communion Prayer

Eternal Father, we thank you for nourishing us with these heavenly gifts: may our communion strengthen us in faith, build us up in hope, and make us grow in love; for the sake of Jesus Christ our Lord. **Amen.**

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1 Kings 19.1-4, 8-15a

Galatians 3.23-29

Luke 8.26-39

8.00 am Holy Communion (BCP)

Reader Roger Edmonston

9.45 am Parish Eucharist (with Sunday's Kool) *

Readers Jane Coan

Setting Shephard

Alan Currer

Pr Hymn 545 Morning has broken

Intercessor Isobel Simmonds

Gr Hymn 591 As pants the hart

Of Hymn 621 Dear Lord and Father

Anthem 594 Be still my soul

Cm Hymn 127 Lord Jesus think on me

Fn Hymn 639 Give thanks

* Also live streamed on zoom - click the blue button on the church homepage

First Reading

1 Kings 19.1-4, 8-15a

Elijah flees from Jezebel and encounters God at Mount Horeb

Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. Then Jezebel sent a messenger to Elijah, saying, 'So may the gods do to me, and more also, if I do not make your life like the life of one of them by this time tomorrow.' Then he was afraid; he got up and fled for his life, and came to Beer-sheba, which

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belongs to Judah; he left his servant there. But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; ow, O LORD, take away my life, for I am no better than my ancestors.' He got up, and ate and drank; then he went in the strength of that food for forty days and forty nights to Horeb the mount of God. At that place he came to a cave, and spent the night there. Then the word of the LORD came to him, saying, 'What are you doing here, Elijah?' He answered, 'I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.' He said, 'Go out and stand on the mountain before the LORD, for the LORD is about to pass by.' Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; and after the earthquake a fire, but the LORD was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, 'What are you doing here, Elijah?' He answered, 'I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.' Then the LORD said to him, 'Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram.

Second Reading

Galatians 3.23-29

There is no longer Jew or Greek, slave or free, male or female: we are all one in Christ

Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian, for in Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have clothed yourselves with Christ. There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

Gospel

Luke 8.26-39

Jesus heals the Gerasene demoniac and casts the demons into a herd of swine

Then they arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, 'What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me'— for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, 'What is your name?' He said, 'Legion'; for many demons had entered him. They begged him not to order them to go back into the abyss. Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, 'Return to your home, and declare how much God has done for you.' So he went away, proclaiming throughout the city how much Jesus had done for him.

This Week...

23/06 Mon	7.30 pm	Home Group (In Person)	
25/06 Wed	10.30 am	Holy Communion*	Genesis 15.1-12, 17-18
		followed by coffee and cake	Matthew 7.15-20
26/06 Thurs	9.00 am	Iona /Celtic Communion	Genesis 16.1-12, 15-16
	12.30 pm	Lunch n Linger	Matthew 7.21- end
			Old School
27/06 Fri	11.00 am	BCP Communion	Genesis 17.1, 9-10, 15-22
			Matthew 8.1-4
	6.00 pm	Choir Club	Old School
	7.30 pm	Choir	Church

* Also live streamed on zoom - click the blue button on the church homepage

Next Sunday...

Sunday 29th June - 2nd Sunday after Trinity

Zechariah 4.1-6a, 10b-end
Acts 12.1-11
Matthew 16.13-19
Graham Johnson

8.00 am Holy Communion (CW)

Reader

9.45 am	Parish Eucharist *	Readers	Carolyn Ponder
Setting	Shephard		Eileen Caple
Pr Hymn	623 Eternal Father, strong to save	Intercessor	Eileen Caple
Gr Hymn	261 Spirit of holiness		
Of Hymn	647 God moves in a mysterious way		
Anthem	A Prayer of St Richard (sheet)		
Cm Hymn	437ii Come to me says Jesus		
Fn Hymn	811 Thou didst leave thy throne		

* Also live streamed on zoom - click the blue button on the church home page.

Notices and Parish News...

Sunday, 6th July 2025, the Parish Eucharist will have a special focus on healing and wholeness. The structure of the service will remain largely unchanged, but the readings, prayers, and reflection will gently invite us to consider how we all long for healing - whether of body, mind, relationships, memory, or spirit. In the Anglican tradition, healing is not about instant cures, but about opening ourselves to the wholeness God desires for us: peace, reconciliation, the easing of burdens, or simply grace to endure. It is about restoration - to ourselves, to one another, and to God. After Communion, there will be an opportunity to receive either prayer ministry or anointing. These will take place quietly in the Lady Chapel for those who wish to take part. Prayer ministry will be offered by two trained individuals who will pray with you - in silence or quiet, extempore prayer - for any concern you bring. Anointing will be offered by a priest, with holy oil used to mark the cross on your forehead and palms: a sign of God's strength, comfort, and blessing. If you feel called to be part of the prayer ministry team in the future, please speak to Daniel. Training and support will be provided for this important role. Whether you seek healing, or simply wish to pray for others, you are warmly invited to this quiet and hopeful service. Christ the healer meets us where we are and walks with us towards wholeness.

Lunch "n" Linger will take place again at the Old School on **Thursday 26th June 2025**. We gather from 12.30, **lunch is served at 1.00 pm**. The menu this month is Gammon & Cheese pasta bake or breaded vegetable burger, mixed salad, garlic bread, new potatoes with fruit crumble with cream or fruit salad. There are only 40 places, and these will be allocated on a first-come-first-served basis. If you would like to attend, please let Jane know or email office@holytrinitycuckfield.org confirming your menu choices. **We need to confirm final numbers by the Monday before the lunch (23rd June)**. The food is freshly prepared by Warden Park School. If you can assist with setting up and or with clearing/washing up, please let Jane know as well.

🎵 **GET ORGANISED IN 2025!** 🎵 Ever wondered what it's like to play the church organ? Now's your chance! 2025 is "Play the Organ Year" - a national initiative led by the Royal College of Organists to encourage new players. Here at Holy Trinity Cuckfield, we're joining in with an "Introduction to the Organ" workshop this autumn. Whether you're a confident pianist or just curious, this 3-hour taster session is designed to let you explore the king of instruments in a relaxed and friendly setting. We're lucky to have a beautiful organ here that's not too big, not too scary - just right for beginners! 📅 Spaces are limited - so register your interest now and we'll arrange a date that works for everyone. 🎵 All materials provided, 🌟 Further support and mentoring available for those who want to continue. Discover the joy of leading worship through music — it could be the start of something wonderful. 📧 To register email: office@holytrinitycuckfield.org David Curtis-Brignell MBE Interim Director of Music, Holy Trinity Church Cuckfield

An Invitation **Sunday July 6th from 3pm to 4.30pm** - Pilgrim Course Taster - Life is a pilgrimage - a journey to explore who we are and what life is for. This is true for everyone - people who have a faith and those who have none. From September, there will be a series of sessions for anyone to join us on a journey of exploration of the Christian faith. Dates and times will be chosen to suit people who are interested. To find out more and decide if this may be for you - come along to a taster session and enjoy some conversation with tea and cake on **Sunday July 6th from 3pm to 4.30pm, in the Tudor Hall of the Old School**. It's free and commits you to nothing. If you can't make the taster or would like more information email reader@holytrinitycuckfield.org.

Holy Trinity Cuckfield Joins the Inclusive Church Network - We are pleased to share that Holy Trinity Cuckfield is now a member of the Inclusive Church Network. Inclusive Church is a national network of churches, groups and individuals committed to ensuring that everyone feels truly welcome in the life and ministry of the Church-regardless of disability, economic power, ethnicity, gender, gender identity, learning disability, mental health or sexuality. By joining this network, we are affirming something we have long held to be true: that the love of God, and the community of Christ's Church, is open to all. As part of our mission to be A Blessing to Cuckfield, we believe that being inclusive is not an optional extra-it's a vital part of the Gospel we proclaim. Jesus welcomed all, especially those who had been marginalised or left out. We seek to follow that example with integrity, compassion and joy. This commitment complements our vision for ministry in the parish, rooted in tradition but open to the Spirit's call to justice, welcome, and renewal. You can find out more about the Inclusive Church Network at www.inclusive-church.org, and we welcome any questions or conversations this may prompt. **Whoever you are, wherever you're from, and whatever your story- you are welcome here.**

Amended Service Pattern - Worship for All - New Monthly Date Confirmed - We're pleased to announce that starting July our "Worship for All" service will move to the 4th Sunday of each month. This change enables our Director of Music, David Curtis-Brignell, to support two choral services each month, enriching our musical worship. We are very grateful to David for stepping into the role and offering this solution to strengthen our choral life. The Worship for All Dates (4th Sundays) for the remainder of this year are 27th July 2025, 28th September 2025 (Harvest Festival),

26th October 2025 and 23rd November 2025. This adjustment also supports long-term planning for clergy, musicians, and families. Thank you for your understanding and support as we continue to grow in worship together.

Services During August - The team is taking a well-earned rest over August. Worship through August will be limited to 8.00 am and 9.45 am (no Evensong); and Weekday 10.30 am Wednesday Holy Communion (with cake!) but no service of Thursday or Friday.

Voluntary Old School Treasurer - Do you have a few spare hours each week? Want a worthwhile position that makes a huge difference to our Community? The Old School is seeking a voluntary part-time Treasurer to support the Operations manager so it can remain a leading venue for the Cuckfield Area. For more information please contact clivesimmonds@btinternet.com

Sunday's Cool - Sunday's Cool runs on the 1st and 3rd Sundays of the month during our 9:45 AM service. Children enjoy Bible stories, crafts, play, and space for reflection in a welcoming setting. They leave after the first hymn and return before communion. All are welcome to join the fun and grow in faith!

Admission to communion - If you have a child in year 6, please let Toby know so that we can plan for them to be admitted to communion. There will be a fun course for preparation and a special service in the summer with the opportunity for a party. Please let Toby know so that this can be arranged for your child. Toby@holytrinitycuckfield.org.

Cuckfield Local Market - Holy Trinity Cuckfield monthly makers and food market returns on **Saturday July 12th 2025 from 9.30-12.30** providing locally sourced, sustainable goods. Dates for 2025 are August 9th, September 13th, October 11th, November 8th and December 13th. Support local artisans and embrace environmental stewardship with us. The church will be serving tea, coffee and soft drinks, please let Jane know if you can assist.

Prayers...

Those to be married: Charles Andrew Horton & Ceri Anne Clarke

Those in immediate need:

Becky Parker, Mark Herring, Ralph Colbran, Tina Heath, Tatyana, Wendy Bloomer, Eileen Knight

Those in long term need:

Georgia, Ann Went, Julie Sadler, Wendy Hibling, Liz Graydon, Peter Graydon, Eileen MacDougall, George Snashall, Karen Leese, and Yvonne Godsmark

Those in care homes:

Mary Watts, Rosemary Pardey, Janet Card, Keith Card,

The recently departed and those who mourn: Frederick dos Santos, Paul Hughes

Those whose year's mind falls at this time. 23rd Ian Gary Ross 2010, Merrill, 24th Mary Goddard 2001, Marie Atmore 2017, 26th . Alan Fellows 2004, Alastair James Murray 2014, 27th Constance Edith Salter 2004, James Joseph Perkins 2006, Frederick Gray 2022, 28th Angela Titheradge, Robert (Bob) Mumbray 2015
29th Norah Elizabeth Cooper 2002, Jonathan Malins 2022

Praying through the week...

Mon June 23rd - On this International Widows Day we recognise that for many women around the world, the devastating loss of a partner is magnified by a long-term fight for their basic rights and dignity. Despite the fact that there are more than 258 million widows around the world, widows have historically been left unseen, unsupported, and unmeasured in our societies; we pray for them. We pray for all who have lost long-term partners or spouses, that they may feel God's comfort and hope, and the support of friends and family. We pray locally for the people of The Brambles, and give thanks for the ways in which they help to enrich and support their families, friends and local community.

Tue June 24th - Birth of John the Baptist. We remember all those to be ordained, and pray that their ministry be blessed and enriching. We pray for leaders within the Church, for courage, wisdom and self-reflection, for an ability to see clearly when speaking truth to power is necessary and incumbent on any faith leader, however uncomfortable. We pray for ecumenical relations and inter-faith relations too. We pray locally for the people of The Dell, that they may have a sense of the comfort and strength that comes from God.

Wed June 25th - On this Day of the Seafarer we pray for Maritime safety and security. We remember all working at sea, often in dangerous situation. We pray for those working in a declining fishing industry and all involved in sea rescue. Locally we pray for the people of Th Highlands, that they may find joy, light in their lives.

Thu June 26th - We pray for all suffering through drug abuse and addiction; for all suffering through exploitation and dangers in the drug trade. We pray for all individuals and organisations working to support those with addictions and those enmeshed in drug gangs. We pray locally for the people of The Knowle, for their health and well-being.

Fri June 27th - We pray for all those taking part in ordination services during this season. May their ministry be blessed and guided. We give thanks for all being ordained across the diocese, both as deacons and as priests. We pray for them as they undertake new roles and responsibilities; we pray for their families and churches as they become accustomed to the necessary changes and support them. May they both enrich and be enriched by the changes in their life, the next stage of their faith journey and all aspects of their calling. We pray locally for the people of The Street, that they may feel the security and dignity of a warm, inclusive community.

Sat June 28th - We give thanks for the church grounds we have, providing beauty, a place to rest or play and habitat for birds, small mammals and insects. We pray locally for the people of Tollgate Lane, that they may see something of God's love in their lives and in their community.

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David Curtis-Brignell (interim)