

Sunday 5th July

5th Sunday after Trinity

Holy Trinity Cuckfield

You are very welcome to
our worship!



Please stay in touch! If you would like to know more of what happens at Holy Trinity, please check us out online.

www.holytrinitycuckfield.org

where you can sign up for our weekly email newsletter



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We believe in a Church that affirms all people and challenges exclusion based on disability, ethnicity, gender, sexuality, mental health, or economic status

Use this QR code to make your **offering** towards our ongoing **outreach, mission and ministry.**



Reflection

Jesus' words, "Come to me, all you that are weary... and I will give you rest," remain among the most comforting in the Gospels. They are spoken not to people who have everything sorted, but to ordinary men and women carrying the weight of everyday life. The Gospel begins by reminding us how easy it is to become closed to God. Some dismissed John the Baptist for being too severe; others rejected Jesus because he welcomed ordinary people, including those on the margins. The problem was not God's message but hearts that had stopped listening. Jesus offers a different way. He invites us to trust him, to learn from his gentleness and humility, and to discover that faith is not another burden to carry but the place where our burdens are shared. At Holy Trinity, we hope everyone will find that same invitation: a place to ask questions, to grow in faith, and to encounter the living Christ, who still offers rest to all who come to him.

Collect

Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified: hear our prayer which we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

Post Communion Prayer

Grant, O Lord, we beseech you, that the course of this world may be so peaceably ordered by your governance, that your Church may joyfully serve you in all godly quietness; through Jesus Christ our Lord. **Amen**

Worship this Sunday...

Sunday 5th July - 5th Sunday after Trinity

8.00 am Holy Communion (CW)

9.45 am Parish Eucharist with Sunday's Cool

Setting Thorne
Pr Hymn 669 I heard the voice of Jesus say
Gr Hymn 667 I danced in the morning
Of Hymn 54 Wake O wake with tidings
Anthem 741 O Christ the same
Cm Hymn 669 I heard the voice of Jesus say
455 My God and is thy table spread
Pr Hymn 691i Jesus shall reign

6.00 pm Sung Evensong

Hymn 2 Christ whose glory fills the skies
Responses Ferial
Psalm 56
Canticles Mag: 4; Nunc: 6
Anthem God that madest earth & heaven
Hymn 22 Saviour again to thy dear name
Hymn 99 Hail to the Lord's anointed

Genesis 24.34-38, 42-49, 58-end
Romans 7.15-25a
Matthew 11.16-19, 25-end
Reader: Anthony vander Willigen

Readers: Mark Parker
Wendy Bloomer

intercessor: James Sanders

2 Samuel 2.1-11, 3.1
Luke 18.31-19.10
Readers: David Spear
Carolyn Ponder

(LS) Live Streamed on zoom - click the blue button on the church home page

First Reading

Rebekah is called to be Isaac's wife

Genesis 24.34-38, 42-49, 58-67

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So he said, 'I am Abraham's servant. The LORD has greatly blessed my master, and he has become wealthy; he has given him flocks and herds, silver and gold, male and female slaves, camels and donkeys. And Sarah my master's wife bore a son to my master when she was old; and he has given him all that he has. My master made me swear, saying, "You shall not take a wife for my son from the daughters of the Canaanites, in whose land I live; but you shall go to my father's house, to my kindred, and get a wife for my son." 'I came today to the spring, and said, "O LORD, the God of my master Abraham, if now you will only make successful the way I am going! I am standing here by the spring of water; let the young woman who comes out to draw, to whom I shall say, 'Please give me a little water from your jar to drink,' and who will say to me, 'Drink, and I will draw for your camels also'—let her be the woman whom the LORD has appointed for my master's son." 'Before I had finished speaking in my heart, there was Rebekah coming out with her water-jar on her shoulder; and she went down to the spring, and drew. I said to her, "Please let me drink." She quickly let down her jar from her shoulder, and said, "Drink, and I will also water your camels." So I drank, and she also watered the camels. Then I asked her, "Whose daughter are you?" She said, "The daughter of Bethuel, Nahor's son, whom Milcah bore to him." So I put the ring on her nose, and the bracelets on her arms. Then I bowed my head and worshipped the LORD, and blessed the LORD, the God of my master Abraham, who had led me by the right way to obtain the daughter of my master's kinsman for his son. Now then, if you will deal loyally and truly with my master, tell me; and if not, tell me, so that I may turn either to the right hand or to the left.' And they called Rebekah, and said to her, 'Will you go with this man?' She said, 'I will.' So they sent away their sister Rebekah and her nurse along with Abraham's servant and his men. And they blessed Rebekah and said to her, 'May you, our sister, become thousands of myriads; may your offspring gain possession of the gates of their foes.' Then Rebekah and her maids rose up, mounted the camels, and followed the man; thus the servant took Rebekah, and went his way. Now Isaac had come from Beer-lahai-roi, and was settled in the Negeb. Isaac went out in the evening to walk in the field; and looking up, he saw camels coming. And Rebekah looked up, and when she saw Isaac, she slipped quickly from the camel, and said to the servant, 'Who is the man over there, walking in the field to meet us?' The servant said, 'It is my master.' So she took her veil and covered herself. And the servant told Isaac all the things that he had done. Then Isaac brought her into his mother Sarah's tent. He took Rebekah, and she became his wife; and he loved her. So Isaac was comforted after his mother's death.

Second Reading

Romans 7.15-25a

Enslaved to the law of sin that dwells within me

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord! So then, with my mind I am a slave to the law of God, but with my flesh I am a slave to the law of sin.

Gospel

Matthew 11.16-19, 25-30

Jesus and tax collectors and sinners; 'For my yoke is easy'

'But to what will I compare this generation? It is like children sitting in the market-places and calling to one another, "We played the flute for you, and you did not dance; we wailed, and you did not mourn." For John came neither eating nor drinking, and they say, "He has a demon"; the Son of Man came eating and drinking, and they say, "Look, a glutton and a drunkard, a friend of tax-collectors and sinners!" Yet wisdom is vindicated by her deeds.' At that time Jesus said, 'I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. 'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

This Week

06/07 Mon	7.30 pm	Home Group	
08/07 Wed	9.30am	The Nest Parent/Carer Baby & Toddler Group	Old School
	10.30 am	Holy Communion followed by coffee and cake	Hosea 10.1-3,7-8,12 Matthew 10.1-7
	2.00 pm	Art, Craft & Company	Old School
09/07 Thurs	2.00 pm	The Cuckfield Shed	
	7.30 pm	Singing Allsorts Concert	Church
	9.00 am	Iona/Celtic Communion	Hosea 11.1, 3-4, 8-9 Matthew 10.7-15
	9.30am	The Nest Parent/Carer Baby & Toddler Group	Old School
10/07 Fri	2.00 pm	The Cuckfield Shed	
	9.00 am	Morning Prayer	Church
	11.00 am	BCP Communion	Hosea 14.2-end Matthew 10.16-23
	6.00 pm	Choir Club	Church
11/07 Sat	6.00 pm	Fuse youth club	Old School
	7.30 pm	Choir Practice	Church
	9.30 am	Cuckfield Local Market	Church

Next Sunday...

Sunday 12th July - 6th Sunday after Trinity

Genesis 25.19-end

Romans 8.1-11

Matthew 13.1-9,18-23

8.00 am Holy Communion (BCP)

Reader: James Sanders

9.45 am Parish Eucharist (LS)

Setting Thorne
 Pr Hymn 238i Come down O love divine
 Psalm 65 v8 - end
 Gr Hymn 628 Father of heaven whose love
 Of Hymn 623 Eternal Father strong to save
 Anthem Thou visitest the earth
 Cm Hymn 383 Lord thy word abideth
 459 O food to pilgrims given
 Pr Hymn 721ii Love divine

Reader: Alan Currer
 Rod Montague
 Intercessor Jane Coan

12.15 pm Baptism

PLEASE NOTE Abide Contemporary Worship is cancelled and will recommence in September

(LS) Live Streamed on zoom - click the blue button on the church home page

Notices and Parish News...

Big Summer Picnic - Sunday 5th July - Join us for a fun-filled family afternoon at HHRFC, Whitemans Green, Cuckfield, from **1.00pm-5.00pm**. Bring your family and friends along for an afternoon of entertainment, community, and summer fun. Save the date and don't miss it

The funeral of Ralph Colbran, a regular member of the 8.00 am congregation will take place at Holy Trinity 11.45 on 21st July 2026

Father Fadi Diab, an Anglican priest from Ramallah in the West Bank, will visit the UK in July to attend the Church of England's General Synod in York (10-14 July). He is supporting the Kairos Palestine Carlisle motion, which calls on Synod to stand in solidarity with Palestinian Christians and others through non-violent resistance to the ongoing occupation.

If you are a member of a Church of England church, please consider contacting your Bishop and General Synod representatives to encourage their support. If you need help identifying your representatives, contact Val Hallard (v.j.hallard@gmail.com), who is coordinating support for the motion. General Synod members will also receive invitations to webinars on the subject. If you are willing to support the motion, please let Val know. She can provide further information, invite you to relevant events, and coordinate contributions to the Synod debate,

Bereavement Café - A gentle space for those who have experienced loss. Next meeting: **Tuesday 14th July 2-4pm**, Old School Committee Room. Contact Revd Stephen Caple: pastoral-care@holyltrinitycuckfield.org.

On **Sunday 19th July** we will be singing "**Hymns with Pimms**" - a choral evensong which includes Frank Tichili's beautiful "Earth Song" and a John Rutter anthem chosen to celebrate the feast day of St Mary Magdalene. For this reason we are moving the whole service to Bolney in order to celebrate their Patronal Festival. It will be a wonderful opportunity for the congregations of Cuckfield and Bolney Benefice to join together in worship and enjoy an evening of fellowship. We would encourage all those who normally attend evensong services - and those who don't - to join us in this special service and in a glass of Pimms!

Welcomers Team Meeting - Sunday 19th July. For all members of the current team from the different services, Reserves and anyone interested to join. In The Old School **after the 09.45 Service** (with your coffee). Thanks for your work and a review of how the last year has gone with information about some changes going forward with our Mission Action Plan. For more information speak to Rod

Mens Group - Please join us to watch the Taverner's play at **Cuckfield Cricket Club on Thursday 23rd July**. Matches start at 6pm.

Lunch 'n' Linger - Thursday 30th July - Join us at The Old School - gather from 12.30pm, with lunch served at **1.00pm**. This month's menu is **quiche with new potatoes, salad and a choice of desserts**. A vegetarian option is available - please let us know if you would prefer this when booking. To reserve your place, please speak to Jane or email office@holyltrinitycuckfield.org by **Sunday 26th July**. Early booking is recommended to avoid disappointment. Please note that the Lunch 'n' Linger team will be taking a well-earned break during **August**, returning in **September**. Further details will follow.

Home Groups - The Monday evening group is currently full, and the Monday Online Pilgrim group has now finished. These together with the Monday afternoon, and Thursday Afternoon groups are breaking for the summer and will restart in September. If you are interested in joining a group, please contact reader@holyltrinitycuckfield.org

Help!! A young refugee mother and her 7-month baby now find themselves locally in accommodation without any furniture and nothing on the concrete floor. If anyone has a rug, a small light weight sofa (maybe bamboo style as the flat is two floors up with no lift), or lightweight easy chair, an under the counter fridge, spare curtain poles (6ft and 9ft) that would be great. Please see Hilary or Jane or contact the church office. Many thanks.

A Taste of Italy Comes to The Old School - **NOW OPEN** Holy Trinity Church is delighted to welcome The Italian Coffee Guy to The Old School Courtyard. Open **Monday to Saturday from 8.30am to 2.30pm**, the café offers authentic Italian coffee, speciality drinks, light refreshments and a warm welcome in the heart of Cuckfield. Owner Massimo Mazzeo said: "We wanted to create more than just a coffee shop. We want this to be a place where people can come together, relax, meet friends and enjoy a little taste of Italy in a beautiful setting." Lorraine, Concession Manager, added: "Everyone is welcome. Whether you're calling in for your morning coffee, meeting friends, or simply taking a break during the day, we look forward to welcoming you." With seating both indoors and in the attractive courtyard, The Italian Coffee Guy is already becoming a wonderful place to gather, connect and enjoy village life.

The Shed; Our shed is now formally opened to anyone who wants to come along on **Wednesday's and/or Thursdays between 2.00pm - 5.00pm**. If you are interested email: reader@holyltrinitycuckfield.org

Art, Craft & Company every Wednesday, **2-5pm** (Old School - upstairs, lift available). A relaxed, self-led group for art, craft and card making. No experience needed - come along to create, share ideas, or simply enjoy the company. Free to attend. Please bring your own materials (some basics provided). Tea and biscuits available. Drop-ins very welcome.

Thursday Arts and Craft Group are knitting and crocheting for local charities. If anyone has any yarn or needles to spare, we would be most grateful. Donations can be left in the container in the Church porch, or at the group on the first and third Thursdays of the month. 2-4pm.

The Nest - Parent/Carer, Toddler & Baby Group - Please note that The Nest will be closed next week and will return on **Thursday 9th July**. Keep an eye out for details of our summer events, which will be taking place during the holidays. Information will be available on the website: www.oldschoolcuckfield.com/heavenly-hugs. We look forward to welcoming you back soon!

Parish Pilgrimage & Retreat - Mirfield, 25-27 September 2026 - Join us for a parish pilgrimage and retreat to the **Community of the Resurrection, Mirfield**, from **Friday 25th to Sunday 27th September**. This Anglican religious community in West Yorkshire offers a peaceful setting for worship, prayer, reflection and fellowship. The weekend will include worship with the community, time to explore the area, and opportunities to support their charitable work. Revd Elaine Dando (evd.macrina@btinternet.com) is coordinating the trip. **Travel:** Train tickets are now available via [Grand Central Railway](#). Those travelling are planning to take the **11.17am London Kings Cross-Mirfield** on Friday 25th September and return on the **4.13pm Mirfield-London Kings Cross** service. Please book as soon as possible, as fares increase closer to the date. Senior Railcards and group tickets may offer additional savings.

Prayers...

For the recently departed: Aidan Favell, Ralph Colbran

Those in immediate need: Becky Parker, Jill Brotherton, David Meares, Mary Watts, Bryan Mayou, Liz Graydon, Peter Graydon, Ian Buckeridge, Barbara Johnson, Eileen MacDougall, Lucy Elliott, Yvonne Godsmark

Those in long term need: Georgia, Ann Went, Julie Sadler, Wendy Hibling, George Snashall, Karen Leese, Yvonne Godsmark, Philip Chapman

Those in care homes: Mary Watts, Rosemary Pardey, Sally Williams, Wendy Barnsdall

Praying through the week...

Mon July 6th - We give thanks and pray for architects, town planners and all involved in the building trade. Locally we remember the people of Brook Street and pray for their health and wellbeing.

Tue July 7th - We give thanks and pray for electricians, plumbers, plasterers, roofers and decorators and for all we rely on to maintain our homes and other buildings. We pray locally for the people of Burrell Green, that they may feel safe and well, part of a flourishing community.

Wed 8th July - We pray for the world's oceans and rivers, and for an end to pollution. We give thanks for those who expose injustice and help bring about change. Locally, we pray for the people of Broxmead Lane, that they may know peace, community and God's presence.

Thu July 9th - We pray for Jewish communities in our own country and across the world, living with higher levels of fear, intimidation, ignorance and threat as anti-semitism rises, urged on by unscrupulous politicians, political parties and others. We give thanks for all who live on Bulls Lane, that they may feel the benefit of a safe, caring, neighbourly community.

Fri July 10th - We pray for all involved in the computer industry, that they seek to use their skills and expertise in the most positive ways for our society and our world. We give thanks for all, who work with integrity and wisdom. Locally, we pray for the people of Buncton Lane, that they may have peace and joy in their hearts.

Sat July 11th - We pray for children across the world and pray for all who work in child services; for those who advocate for children to have access to a safe, loving childhood, basic human rights, free from poverty and violence. Locally, we pray for Brownies, Guides, Cubs, Scouts and all youth work, that they may feel part of a safe, supportive, neighbourly community.

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